

Lebanon Monthly Price Monitor

**Tracking prices for the most essential goods
available on the Lebanese market**



**World Food
Programme**



REPUBLIC OF LEBANON
MINISTRY OF ECONOMY & TRADE

July 2024

ABOUT THIS REPORT

This report is the result of a joint project between the Ministry of Economy and Trade (MoET) and the World Food Programme (WFP). The project aims to implement a market price information system and economic analysis in Lebanon, with the goal of enhancing the Ministry's capacity to monitor prices in the current context of economic volatility and insecurity.

The report is composed of three main sections:

- A high-level view of the latest price trends through the lens of the **Market Food Price Index (MFPI)**
- An **in-depth analysis** per food category and governorate
- An **annex table** displaying the latest prices nationally and per governorate

This report was based on price monitoring data of 73 food and non-food items from a representative sample of around 1,000 shops located across the eight governorates.

Data is collected weekly and stored on a price monitoring system hosted by WFP.

MARKET FOOD PRICE INDEX (MFPI)

Key highlights

The MFPI reached **127.4** in July 2024, driven since January 2023 by an index evolution in **vegetables and tubers** (158.8), **fruits** (210.3), **cereals** (117.8), and **fresh poultry** (141).

The price index has increased by **0.2 percent** between June 2024 and July 2024, with decreases in the index of **fruits** (-4.4 percent) and **vegetables and tubers** (-1.4 percent) offsetting increases in the indexes of **fresh poultry** (+5.4 percent) and **beverages** (+1.6 percent).

The highest MFPI was observed in **Beirut** (132.0) and **North Lebanon** (129.3).

Index Components	Price Index (Jul-24)	Monthly Trend	Yearly Trend
Beverages	119.9	+1.6%	+9.3%
Canned Fish	106.2	-0.4%	+5.2%
Cereals	117.8	+1.1%	+13.6%
Condiments	126.6	-0.3%	+16.4%
Dairy	110.6	+0.2%	+12.2%
Eggs	87.9	-2.0%	-8.3%
Fats & Oils	107.7	-0.9%	+9.1%
Fresh Poultry	141.0	+5.4%	+58.4%
Fruits	210.3	-4.4%	+30.6%
Pulses	130.6	+0.9%	+19.1%
Sugar	111.2	-0.6%	+0.6%
Vegetables & Tubers	158.8	-1.4%	+37.3%
MFPI	127.4	+0.2%	+20.0%

Base 100 = Jan 23

Notable Yearly Price Evolution

Governorate MFPI

- North (+20.8%)
- Mount Lebanon (+17.9%)

 **Fresh Poultry** (+58%)

 **Vegetables & tubers** (+37%)

KEY DRIVERS


The **conflict along the Southern border** negatively affected local agriculture and poultry production, causing prices of poultry and vegetables to increase at a greater pace than that of other commodities.

Notable Monthly Price Evolution

Governorate MFPI

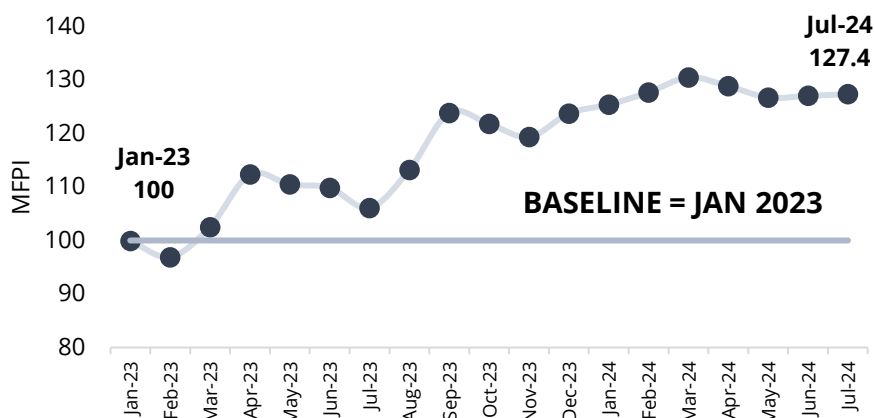
- Nabatieh (+5.0%)
- Akkar (+2.8%)

 **Fresh Poultry** (+5%)

 **Fruits** (-4%)

Damages to poultry production in the south are pushing poultry prices upwards. **A greater supply** of fruits in the local market amid rising obstacles to exports caused a drop in the fruit index.

MFPI Evolution (Jan 23 - Jul 24)



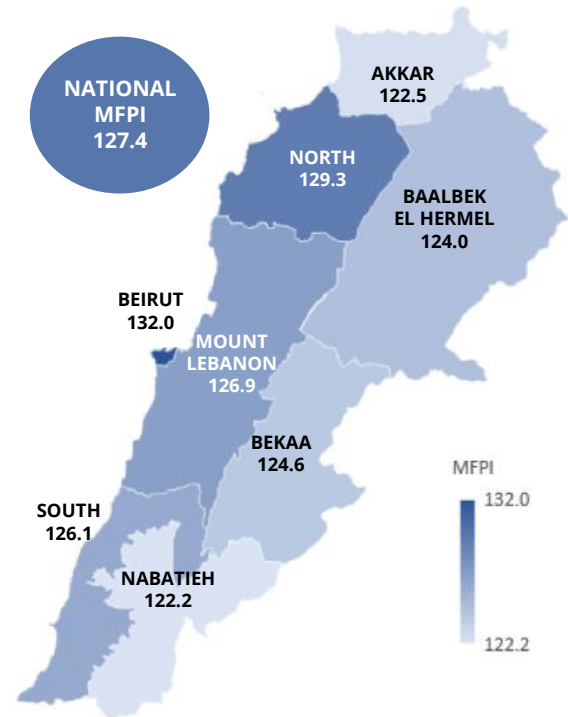
The **Market Food Price Index (MFPI)** is a measure of the average change over time in the prices in US dollars paid by consumers for 63 essential food items. It is calculated as the weighted average of price changes for each of its components. The base month of the index is January 2023.

ANALYSIS

Overview

Higher costs of living, transportation, and distribution, as well as larger urban areas leading to higher demand, led to a more notable trend in Beirut and North Lebanon between January 2023 and July 2024, while better access to locally produced foods kept indexes lower in Nabatieh and Akkar.

Market Food Price Index by Governorate (July 2024)
Base = January 2023



Highest and Lowest Governorates Scores

↑	Beirut	132.0	↓	Akkar	122.5
	North	129.3		Nabatieh	122.2

Highest and Lowest Components Scores

↑	Fruits	210.3	↓	Canned Fish	106.2
	Vegetables & Tubers	158.8		Eggs	87.9

Year over Year Evolution

↑	North	+20.8%	↓	Baalbek El Hermel	+15.3%
	Mount Lebanon	+17.9%		Nabatieh	+13.4%

Month over Month Evolution

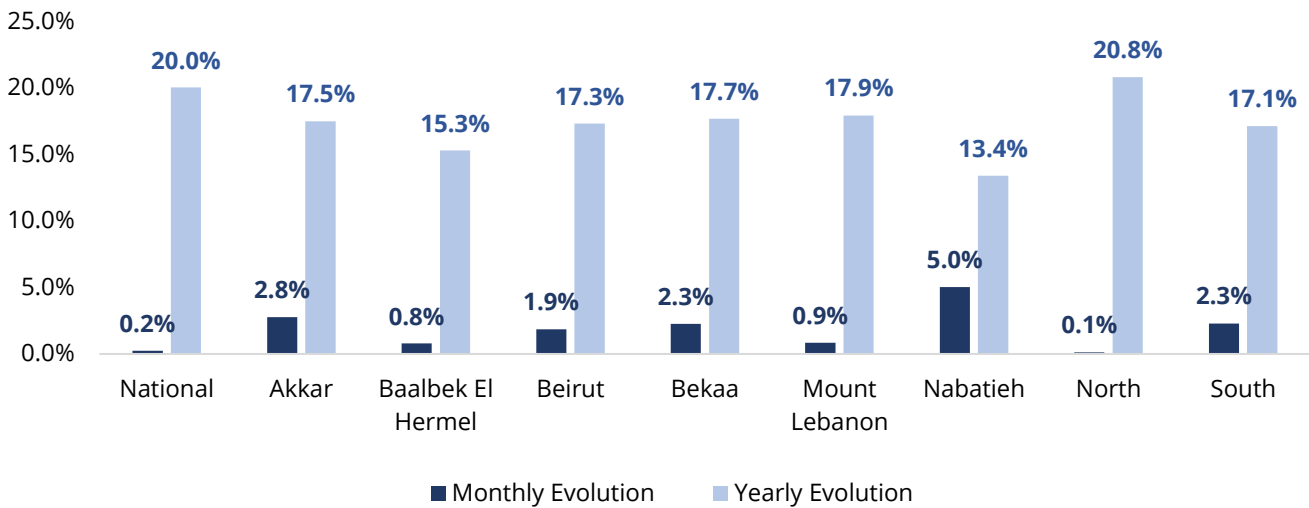
↑	Nabatieh	+5.0%	↓	Baalbek El Hermel	+0.8%
	Akkar	+2.8%		North	+0.1%

Notable Trends:

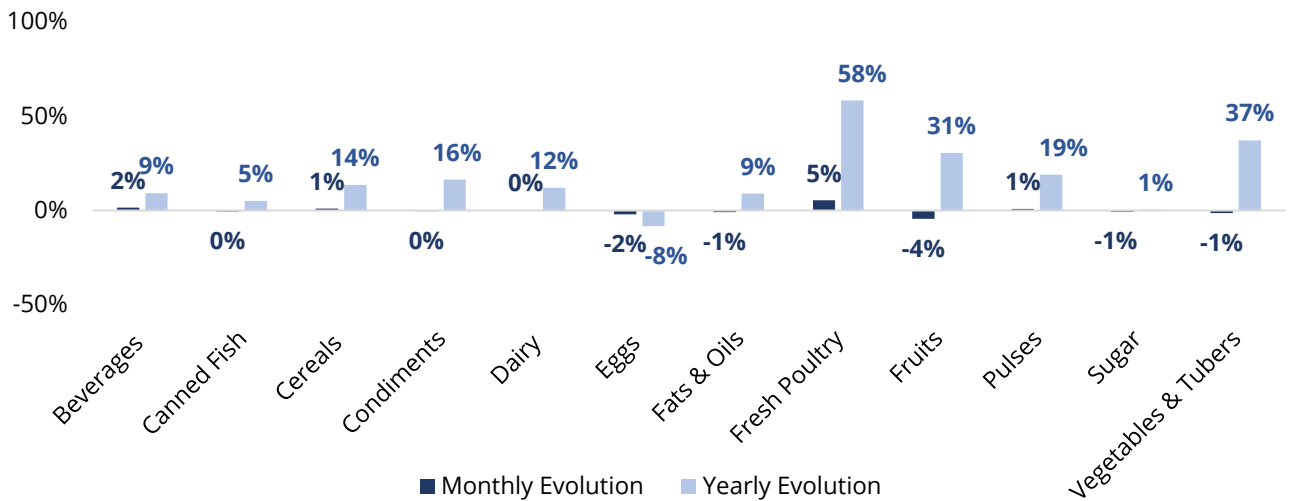
- Each governorate had notable price evolutions in different components:
 - Akkar:** Highest yearly evolution in beverages (+17 percent) and canned fish (+14 percent). Highest monthly evolution in beverages (+5 percent), canned fish (+3 percent), and cereals (+3 percent).
 - Baalbek El Hermel:** Highest monthly increase in the price index of pulses (+2.3 percent). Slight monthly decrease in the index of fresh poultry (-1 percent) compared to a 5 percent monthly increase nationally.
 - Beirut:** Highest yearly increase in the price indexes of fats and oils (+13 percent) and vegetables and tubers (+58 percent).
 - Bekaa:** Highest yearly increase in the price index of dairy (+18 percent) and pulses (+20.3 percent). Biggest monthly drop in the price index of sugar (-3 percent).
 - Mount Lebanon:** Second highest yearly increase in the price indexes of fresh poultry (+63 percent) and pulses (+20.1 percent).
 - Nabatieh:** Highest monthly increase in the price indexes of condiments (+4 percent), fruits (+42 percent) and vegetables and tubers (+5 percent). Biggest yearly drop in the price index of eggs (-20 percent) and sugar (-8 percent).
 - North:** Highest yearly increase in the price index of cereals (+20 percent), fruits (+37 percent), condiments (+19.2 percent), and sugar (+4 percent).
 - South:** Highest monthly (+44 percent) and yearly (+86 percent) increase in the price index of fresh poultry. Notable 14 percent monthly drop in the price index of fruits.

Monthly and yearly price evolution by governorate and component

MFPI Monthly & Yearly Price Evolution By Governorate

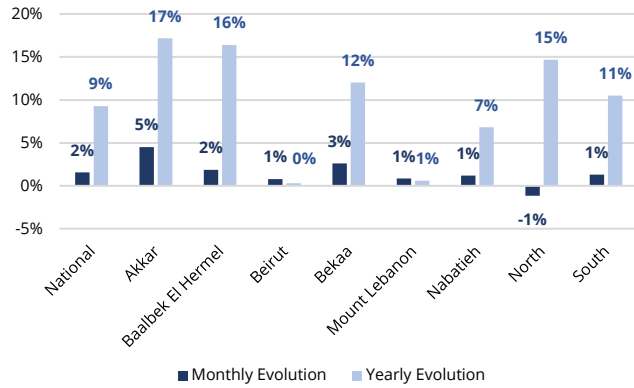


MFPI Monthly & Yearly Price Evolution By Component - National

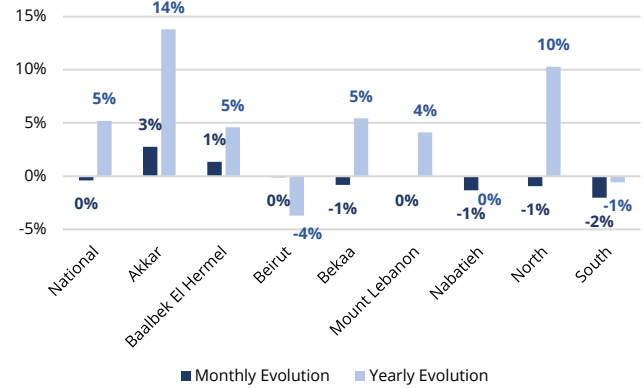


PRICE MONITOR - JULY 2024

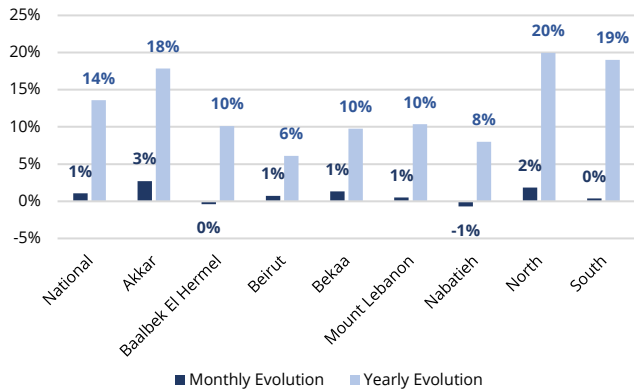
Beverages - Monthly & Yearly Price Evolution By Governorate



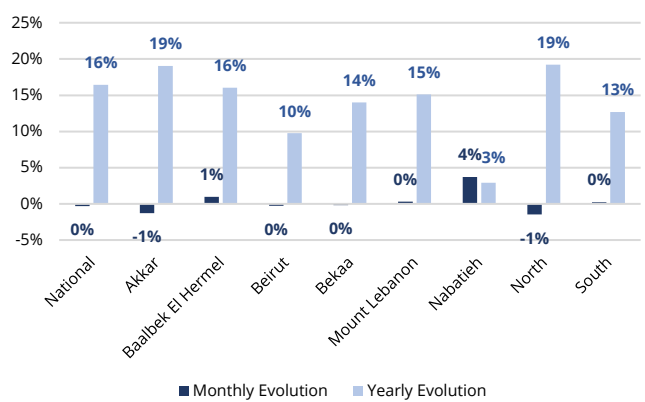
Canned Fish - Monthly & Yearly Price Evolution By Governorate



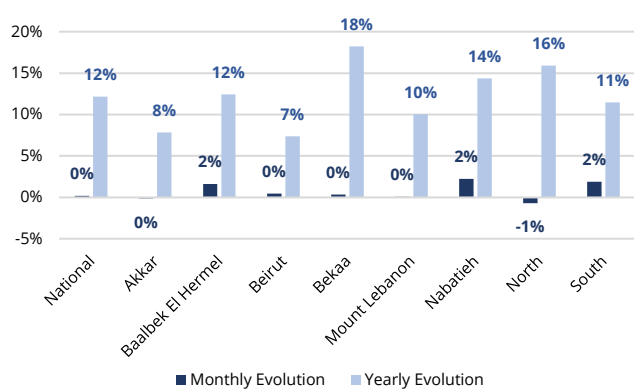
Cereals - Monthly & Yearly Price Evolution By Governorate



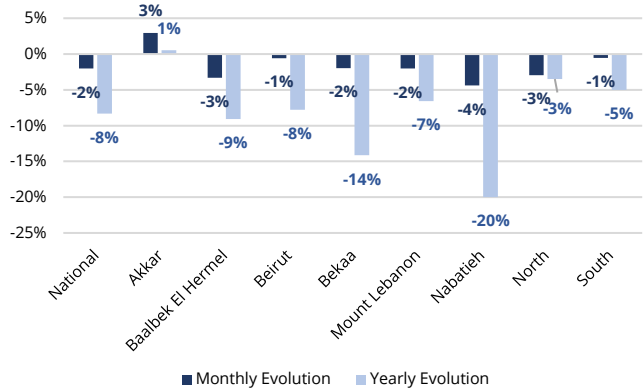
Condiments - Monthly & Yearly Price Evolution By Governorate



Dairy - Monthly & Yearly Price Evolution By Governorate

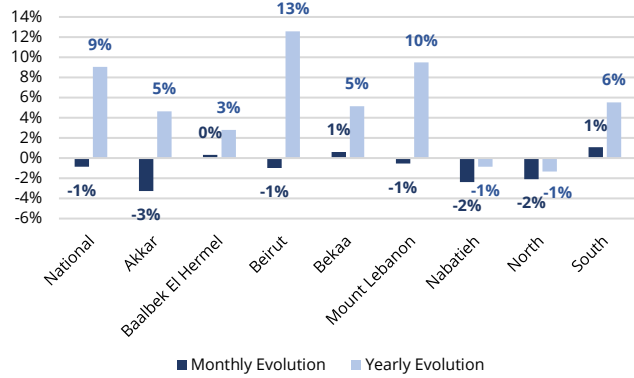


Eggs - Monthly & Yearly Price Evolution By Governorate

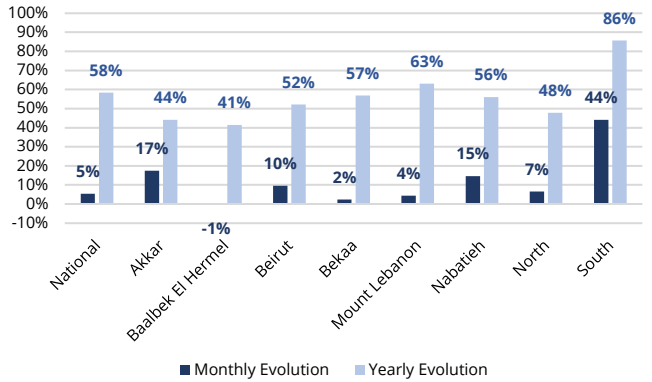


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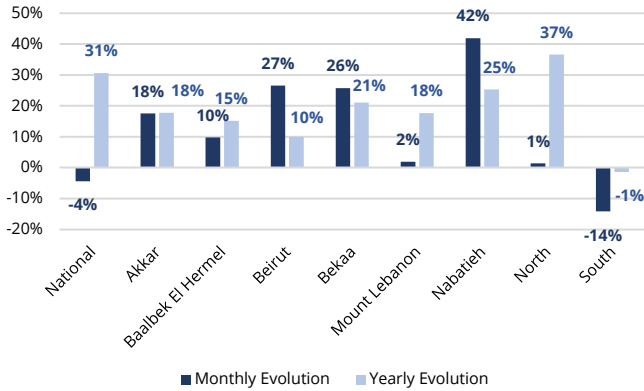
Fats & Oils - Monthly & Yearly Price Evolution By Governorate



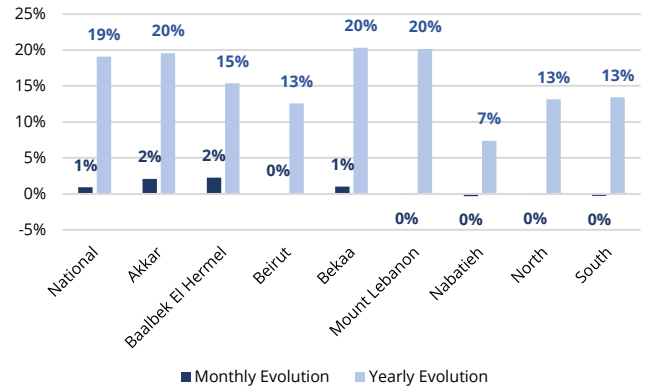
Fresh Poultry - Monthly & Yearly Price Evolution By Governorate



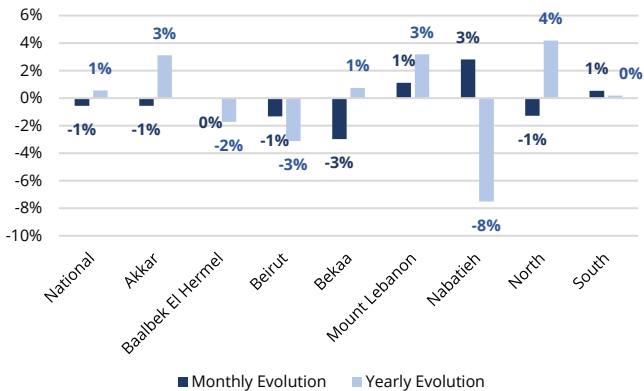
Fruits - Monthly & Yearly Price Evolution By Governorate



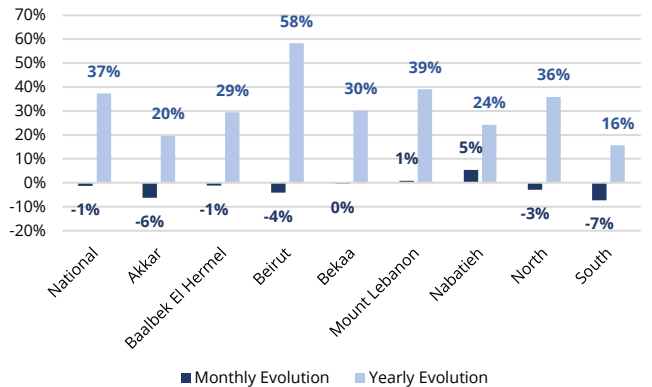
Pulses - Monthly & Yearly Price Evolution By Governorate



Sugar - Monthly & Yearly Price Evolution By Governorate



Vegetables & Tubers - Monthly & Yearly Price Evolution By Governorate



PRICE MONITOR - JULY 2024

ANNEX

PRICE PER ITEM - JULY 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
BEVERAGES	Arabic Coffee	180 g	\$2.9	\$2.19	\$1.42	\$2.11	\$2.22	\$2.18	\$2.33	\$1.95	\$2.47	\$2.15	\$2.56
	Drinking Water	2 liters	\$0.53	\$0.35	\$0.27	\$0.33	\$0.37	\$0.36	\$0.35	\$0.34	\$0.39	\$0.36	\$0.37
	Nescafe 3 in 1	One stick	\$0.29	\$0.21	\$0.15	\$0.23	\$0.22	\$0.18	\$0.22	\$0.18	\$0.17	\$0.22	\$0.2
	Tea Bags	160 g	\$2.91	\$1.96	\$1.16	\$1.89	\$1.89	\$2.12	\$2.01	\$2.05	\$2.35	\$1.86	\$1.99
	Yerba Mate	250 g	\$2.24	\$1.44	\$1.11	\$1.32	\$1.34	\$1.67	\$1.39	\$1.49	\$1.27	\$1.53	\$1.5
CANNED FISH	Sardines (canned)	125 g	\$1.1	\$0.74	\$0.51	\$0.68	\$0.69	\$0.75	\$0.78	\$0.77	\$0.69	\$0.73	\$0.7
	Tuna (canned)	185 g	\$2.06	\$1.52	\$0.96	\$1.42	\$1.35	\$1.75	\$1.48	\$1.6	\$1.54	\$1.54	\$1.6
CEREALS	Arabic Bread	800 g	\$0.77	\$0.63	\$0.49	\$0.65	\$0.66	\$0.63	\$0.69	\$0.61	\$0.71	\$0.59	\$0.64
	Brown Bulgur	900 g	\$1.58	\$1.03	\$0.7	\$0.92	\$1.07	\$1.05	\$1	\$1.11	\$0.95	\$1.03	\$1.04
	Egyptian Rice	900 g	\$1.39	\$0.93	\$0.76	\$0.85	\$0.87	\$0.96	\$0.91	\$0.99	\$0.93	\$0.94	\$0.92
	Noodles	70 g	\$0.88	\$0.46	\$0.23	\$0.43	\$0.47	\$0.46	\$0.48	\$0.41	\$0.42	\$0.51	\$0.46
	Pasta	500 g	\$1.58	\$0.93	\$0.38	\$0.7	\$0.81	\$1.15	\$0.94	\$0.99	\$0.83	\$0.92	\$1.04
	Sweet Corn	340 g	\$1.68	\$1.05	\$0.55	\$0.79	\$0.97	\$1.27	\$0.91	\$1.29	\$1.13	\$1.01	\$1.17
	Wheat Flour	900 g	\$1.4	\$0.85	\$0.56	\$0.73	\$0.83	\$0.78	\$0.78	\$0.89	\$0.72	\$0.91	\$0.91
CONDIMENTS	Bouillon Cubes (chicken or meat)	20 g	\$0.35	\$0.19	\$0.12	\$0.19	\$0.21	\$0.18	\$0.18	\$0.18	\$0.17	\$0.19	\$0.2
	Pomegranate Molasse	270 g	\$2.22	\$1.64	\$1.02	\$1.6	\$1.55	\$1.54	\$1.65	\$1.65	\$1.65	\$1.69	\$1.68
	Salt	700 g	\$0.94	\$0.27	\$0.13	\$0.21	\$0.23	\$0.35	\$0.24	\$0.3	\$0.21	\$0.33	\$0.23
	Thyme (dry)	400 g	\$4.45	\$1.54	\$0.85	\$1.39	\$1.47	\$3.38	\$1.59	\$1.63	\$1.16	\$1.41	\$1.14

PRICE MONITOR - JULY 2024

PRICE PER ITEM – JULY 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
CONDIMENTS	Tomato Ketchup	340 g	\$1.1	\$0.77	\$0.65	\$0.75	\$0.77	\$0.8	\$0.79	\$0.8	\$0.74	\$0.75	\$0.76
	Tomato Paste	660 g	\$2.78	\$1.61	\$0.84	\$1.4	\$1.52	\$1.45	\$1.46	\$1.72	\$1.81	\$1.66	\$1.81
DAIRY	Cheese Triangles	108 g	\$1.43	\$0.96	\$0.47	\$0.79	\$0.94	\$0.9	\$1.16	\$0.89	\$1.04	\$1.15	\$0.86
	Laban	1,000 g	\$2.2	\$1.63	\$0.89	\$1.37	\$1.44	\$1.7	\$1.78	\$1.68	\$1.43	\$1.67	\$1.73
	Labneh	450 g	\$3.15	\$2.37	\$1.11	\$1.72	\$2.1	\$2.58	\$2.57	\$2.47	\$2.35	\$2.49	\$2.62
	Milk Powder (Full Fat)	750 g	\$8.29	\$5.89	\$4.29	\$5.23	\$5.71	\$6.43	\$6.06	\$5.93	\$5.81	\$6	\$5.54
	Processed Cheese	120 g	\$1.46	\$0.86	\$0.49	\$0.89	\$0.67	\$0.94	Data not available	\$0.93	\$1.04	\$0.82	\$0.93
EGGS	Eggs	30 eggs	\$4.4	\$3.22	\$2.4	\$3	\$2.97	\$3.66	\$3.06	\$3.29	\$2.98	\$3.36	\$3.6
FATS & OILS	Butter	200 g	\$2.75	\$2	\$0.32	\$1.16	\$1.95	\$2.45	\$2.16	\$2.2	\$2.03	\$1.78	\$2.21
	Olive Oil	500 ml	\$6.6	\$3.69	\$1.44	\$3.49	\$2.24	\$5.8	\$3.33	\$3.95	\$2.09	\$3.92	\$2.76
	Sunflower Oil	5,000 ml	\$9.95	\$7.24	\$5.49	\$6.4	\$6.86	\$7.68	\$7.21	\$7.67	\$7.29	\$7.48	\$7.26
	Tahini Sauce	800 ml	\$6.33	\$4.4	\$2.53	\$3.72	\$4.11	\$5.31	\$4.71	\$4.91	\$4.64	\$3.92	\$4.85
	Vegetable Ghee	700 ml	\$4.17	\$2.32	\$1.23	\$2.12	\$2.29	\$2.9	\$2.06	\$2.46	\$1.94	\$2.42	\$2.42
FRESH POULTRY	Chicken (Whole)	1,000 g	\$4.75	\$3.87	\$3	\$3.99	\$3.39	\$4.47	\$3.81	\$3.75	Data not available	\$4.2	Data not available
	Chicken Breast	1,000 g	\$12.3	\$9.03	\$6.55	\$7.9	\$7.23	\$9.08	\$9.28	\$9.38	\$8.43	\$8.39	\$10
	Chicken Legs	1,000 g	\$3.85	\$2.68	\$1.77	\$2.75	\$2.26	\$2.84	\$2.33	\$2.84	\$2.92	\$2.51	Data not available

PRICE MONITOR - JULY 2024

PRICE PER ITEM – JULY 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
FRUITS	Apple (red or yellow)	1,000 g	\$2	\$1.16	\$0.66	\$0.94	\$1.14	\$1.45	\$1.13	\$1.19	Data not available	\$1.24	\$1
	Banana	1,000 g	\$1.11	\$0.75	\$0.48	\$0.73	\$0.77	\$0.82	\$0.79	\$0.7	\$1.01	\$0.77	\$0.73
	Clementine	1,000 g	\$0.75	\$0.73	\$0.7	Data not available	Data not available	Data not available	Data not available	Data not available	Data not available	Data not available	Data not available
	Grapes	1,000 g	\$4.5	\$2.18	\$1	\$1.05	\$1.2	\$1.11	\$1.59	\$2.69	\$1.28	\$2.44	\$1.72
	Lemon	1,000 g	\$1.77	\$0.8	\$0.37	\$0.65	\$0.81	\$0.95	\$0.81	\$0.86	\$0.75	\$0.75	\$0.51
	Orange	1,000 g	\$1.16	\$0.7	\$0.4	\$0.57	\$0.61	\$0.8	\$0.67	\$0.68	Data not available	\$0.92	\$0.66
LUNCHEON MEAT	Beef Luncheon	200 g	\$2.4	\$1.16	\$0.51	\$1.21	\$0.79	\$1.52	\$1.2	\$1	\$1.08	\$1.45	\$1.1
	Chicken Luncheon	200 g	\$2.21	\$0.87	\$0.57	\$0.71	\$0.79	\$1.15	\$0.69	\$1.1	\$0.83	\$0.9	\$0.74
PULSES	Chickpeas	900 g	\$3.2	\$1.96	\$1.08	\$1.73	\$1.74	\$1.95	\$1.85	\$2.13	\$1.74	\$1.98	\$2.24
	Fava Beans (canned)	400 g	\$0.94	\$0.65	\$0.45	\$0.49	\$0.67	\$0.72	\$0.68	\$0.69	\$0.6	\$0.66	\$0.61
	Green Peas (canned)	400 g	\$2.44	\$1.13	\$0.46	\$0.77	\$0.84	\$1.7	\$1.19	\$1.26	\$0.68	\$1.15	\$0.77
	Hummus Tahini (canned)	400 g	\$1.14	\$0.74	\$0.52	\$0.58	\$0.7	\$0.89	\$0.79	\$0.85	\$0.7	\$0.75	\$0.67
	Lentils	900 g	\$2.55	\$1.73	\$0.95	\$1.57	\$1.61	\$1.67	\$1.5	\$1.95	\$1.56	\$1.79	\$1.79
	White Beans	900 g	\$2.88	\$1.93	\$1.15	\$1.69	\$1.76	\$2.13	\$2	\$2.07	\$2	\$1.93	\$1.94
SUGAR	White Sugar	5,000 g	\$6.85	\$4.93	\$4	\$4.51	\$4.84	\$5.07	\$4.94	\$5.32	\$4.7	\$4.75	\$5.1

PRICE MONITOR - JULY 2024

PRICE PER ITEM – JULY 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
VEGETABLES & TUBERS	Cabbage	1,000 g	\$0.9	\$0.47	\$0.25	\$0.36	\$0.46	\$0.59	\$0.31	\$0.52	\$0.41	\$0.46	\$0.46
	Carrots	1,000 g	\$1.1	\$0.69	\$0.4	\$0.53	\$0.67	\$0.95	\$0.73	\$0.65	\$0.97	\$0.83	\$0.63
	Cauliflower	1,000 g	\$0.99	\$0.63	\$0.39	\$0.59	\$0.49	\$0.81	\$0.53	\$0.73	\$0.55	\$0.58	\$0.5
	Cucumber	1,000 g	\$1.1	\$0.68	\$0.37	\$0.5	\$0.63	\$0.81	\$0.62	\$0.8	\$0.62	\$0.59	\$0.5
	Eggplant	1,000 g	\$1.39	\$0.73	\$0.32	\$0.4	\$0.63	\$0.86	\$0.5	\$0.89	\$0.67	\$0.54	\$0.54
	Garlic	300 g	\$1.8	\$0.99	\$0.68	\$0.77	\$1.02	Data not available	\$1.04	\$0.99	\$0.9	\$1.09	\$0.84
	Green Bean (Fresh)	1,000 g	\$2.79	\$1.66	\$0.77	\$1.5	\$1.7	\$1.9	\$1.29	\$1.8	\$1.99	\$1.68	\$1.54
	Lettuce	750 g	\$1.1	\$0.7	\$0.34	\$0.51	\$0.59	\$0.9	\$0.47	\$0.78	\$0.52	\$0.78	\$0.63
	Onion	1,000 g	\$1.15	\$0.6	\$0.3	\$0.45	\$0.51	\$0.72	\$0.46	\$0.73	\$0.49	\$0.58	\$0.46
	Parsley	300 g	\$0.45	\$0.22	\$0.11	\$0.23	\$0.22	\$0.34	\$0.2	\$0.2	\$0.18	\$0.28	\$0.24
	Potato	300 g	\$0.78	\$0.59	\$0.44	\$0.54	\$0.58	\$0.64	\$0.56	\$0.58	\$0.58	\$0.64	\$0.58
	Purslane	300 g	\$0.61	\$0.35	\$0.18	\$0.24	\$0.35	\$0.55	\$0.33	\$0.33	Data not available	\$0.35	\$0.26
	Tomato	1,000 g	\$1.2	\$0.69	\$0.35	\$0.58	\$0.61	Data not available	\$0.58	\$0.82	\$0.61	\$0.62	\$0.55
Zucchini	1,000 g	\$1.55	\$0.81	\$0.37	\$0.46	\$0.55	\$0.79	\$0.54	\$1.08	\$0.66	\$0.69	\$0.53	
NON-FOOD ITEMS	Baby Diapers	40 diapers	\$10.47	\$5.91	\$3.05	\$5.06	\$5.37	\$7.11	\$5.76	\$6.28	\$7.65	\$5.9	\$6.31
	Bleach	1,000 ml	\$1.85	\$1	\$0.52	\$0.89	\$0.96	\$1.05	\$1.01	\$0.96	\$1.01	\$1.03	\$1.13
	Dishwashing Liquid	700 ml	\$3.24	\$1.49	\$0.68	\$1.07	\$1.3	\$1.84	\$1.53	\$1.58	\$1.7	\$1.48	\$1.57
	Laundry Washing Powder	4,000 g	\$13	\$9.08	\$5.2	\$8.72	\$8.46	\$10.1	\$9.07	\$9.26	\$9.38	\$9.44	\$8.76
	Sanitary Napkins	20 napkins pack	\$3.4	\$2.34	\$1.33	\$2.13	\$2.48	\$2.48	\$2.29	\$2.25	\$2.34	\$2.48	\$2.41
	Shampoo	400 ml	\$4.19	\$3.09	\$1.5	\$3.09	\$2.98	\$2.88	\$3.35	\$3.05	\$3.33	\$3.03	\$3.22
	Soap	One soap bar (125 g)	\$1.31	\$0.79	\$0.26	\$0.63	\$0.73	\$0.82	\$0.91	\$0.8	\$0.82	\$0.78	\$0.87
	Toilet Rolls	32 rolls	\$11.38	\$6.44	\$3.05	\$5.54	\$5.49	\$6.66	\$6.47	\$6.82	\$4.87	\$6.34	\$7.17
	Toothbrush	One toothbrush	\$2.5	\$1	\$0.43	\$0.8	\$0.89	\$1.13	\$0.93	\$1.1	\$0.92	\$1.09	\$0.97
	Toothpaste	125 ml	\$2.97	\$1.35	\$0.85	\$1.27	\$1.44	\$1.29	\$1.3	\$1.28	\$1.49	\$1.42	\$1.6