



Lebanon Monthly Price Monitor

**Tracking prices for the most essential goods
available on the Lebanese market**



**World Food
Programme**



REPUBLIC OF LEBANON
MINISTRY OF ECONOMY & TRADE

September 2024

ABOUT THIS REPORT

This report is the result of a joint project between the Ministry of Economy and Trade (MoET) and the World Food Programme (WFP). The project aims to implement a market price information system and economic analysis in Lebanon, with the goal of enhancing the Ministry's capacity to monitor prices in the current context of economic volatility and insecurity.

The report is composed of three main sections:

- A high-level view of the latest price trends through the lens of the **Market Food Price Index (MFPI)**
- An **in-depth analysis** per food category and governorate
- An **annex table** displaying the latest prices nationally and per governorate

This report was based on price monitoring data of 73 food and non-food items from a representative sample of around 1,000 shops located across the eight governorates.

Data is collected weekly and stored on a price monitoring system hosted by WFP.

MARKET FOOD PRICE INDEX (MFPI)

Key highlights

The MFPI reached **129.9** in September 2024, registering a **0.5 percent monthly decrease**. A 8.8 percent decrease in the prices of **fresh poultry** and 1.2 percent decrease in **vegetables and tubers** compensated for increases in the prices of **eggs** (+13.7 percent), **fruits** (+2.8 percent), **fats and oils** (+1.1 percent), and **condiments** (+1.7 percent) between August and September. The MFPI has increased by **4.9 percent** since last year.

The price index has been driven since January 2023 by an index evolution in **vegetables and tubers** (166.4), **fruits** (221.7), **cereals** (119.1), and **fresh poultry** (136.1).

The highest MFPI was observed in **Beirut** (134.8) and **North Lebanon** (133.1).

Index Components	Price Index (Sep-24)	Monthly Trend	Yearly Trend
Beverages	122.2	+0.6%	+5.0%
Canned Fish	107.7	+0.1%	-3.1%
Cereals	119.1	+0.2%	+5.9%
Condiments	129.6	+1.7%	+12.2%
Dairy	110.9	+0.0%	-1.2%
Eggs	113.4	+13.7%	+7.6%
Fats & Oils	109.9	+1.1%	+2.4%
Fresh Poultry	136.1	-8.8%	+15.0%
Fruits	221.7	+2.8%	-1.3%
Pulses	131.0	-0.1%	+12.9%
Sugar	107.9	-1.9%	-5.8%
Vegetables & Tubers	166.4	-1.2%	+4.4%
MFPI	129.9	-0.5%	+4.9%

Base 100 = Jan 23

Notable Yearly Price Evolution

Governorate MFPI

- North (+7.9%)
- Mount Lebanon (+5.4%)

- Fresh Poultry** (+15%)
- Pulses** (+13%)

KEY DRIVERS

Flash floods and subsequent supply chain disruptions in January 2024 amid a greater reliance on agriculture caused prices in the North to increase at a faster pace than elsewhere.

Notable Monthly Price Evolution

Governorate MFPI

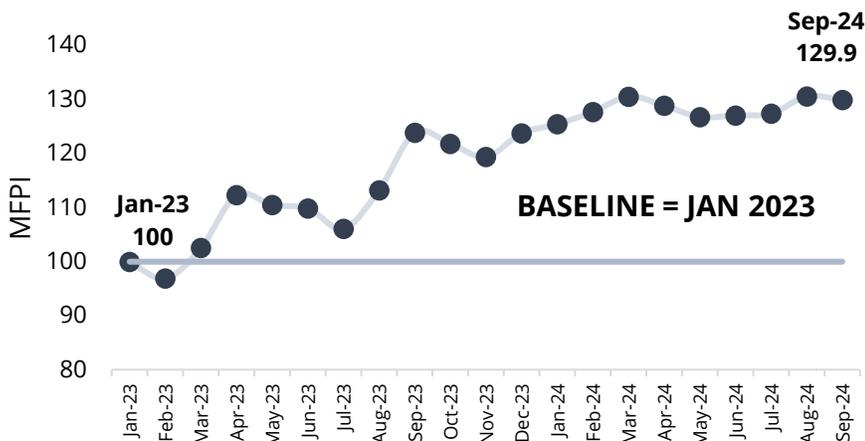
- South (+1.3%)
- North (-2.4%)

- Eggs** (+13.7%)
- Fruits** (+2.8%)
- Fresh poultry** (-8.8%)

Impact of the war led to a 1.3 percent increase in prices in the South, compared to a nationwide decrease.

Damages to local agriculture in the south continue to push egg and fruit prices upwards.

MFPI Evolution (Jan 23 - Sep 24)



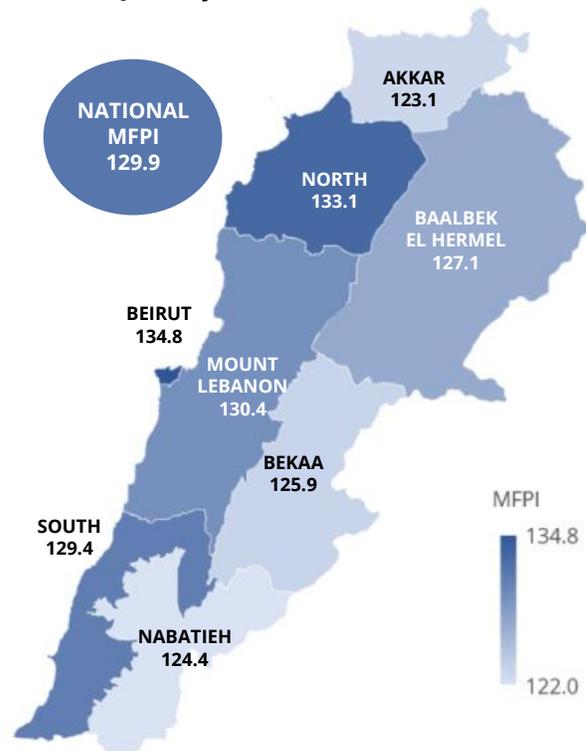
The **Market Food Price Index (MFPI)** is a measure of the average change over time in the prices in US dollars paid by consumers for 63 essential food items. It is calculated as the weighted average of price changes for each of its components. The base month of the index is January 2023.

ANALYSIS

Overview

Higher costs of living, transportation, and distribution, as well as larger urban areas leading to higher demand, led to a more notable trend in Beirut and North Lebanon between January 2023 and September 2024, while better access to locally produced foods kept indexes lower in Nabatieh and Akkar. The impact of war drove inflation in the South in September.

Market Food Price Index by Governorate (September 2024)
Base = January 2023



Highest and Lowest Governorates Scores

↑	Beirut	134.8	↓	Akkar	123.1
	North	133.1		Nabatieh	122.0

Highest and Lowest Components Scores

↑	Fruits	221.7	↓	Sugar	107.9
	Vegetables & Tubers	166.4		Canned Fish	107.7

Year over Year Evolution

↑	North	+7.9%	↓	Nabatieh	+0.3%
	Mount Lebanon	+5.4%		Akkar	-4.3%

Month over Month Evolution

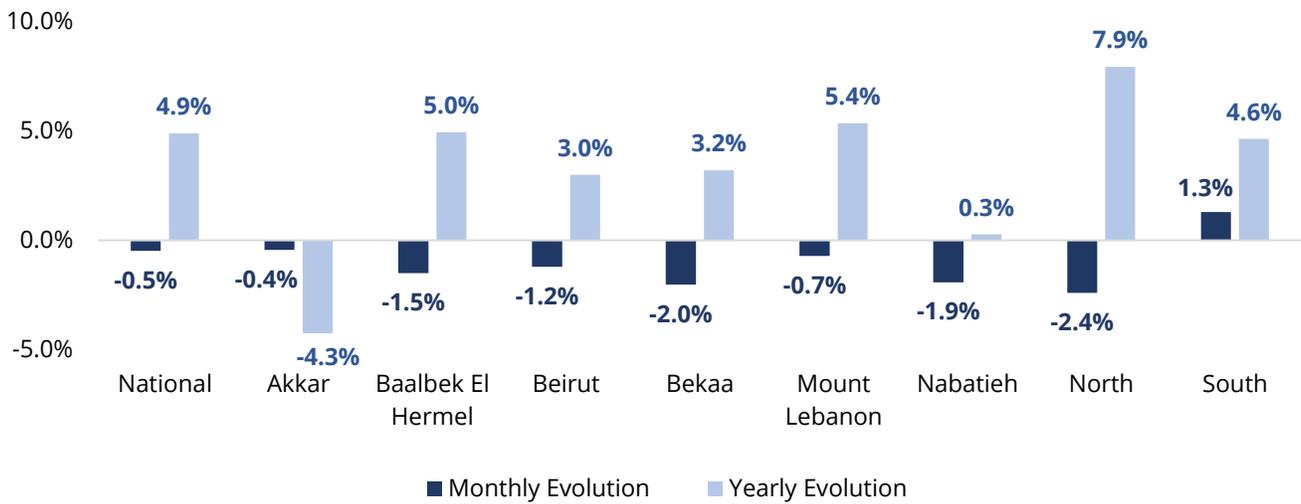
↑	South	+1.3%	↓	Bekaa	-2.0%
				North	-2.4%

Notable Trends:

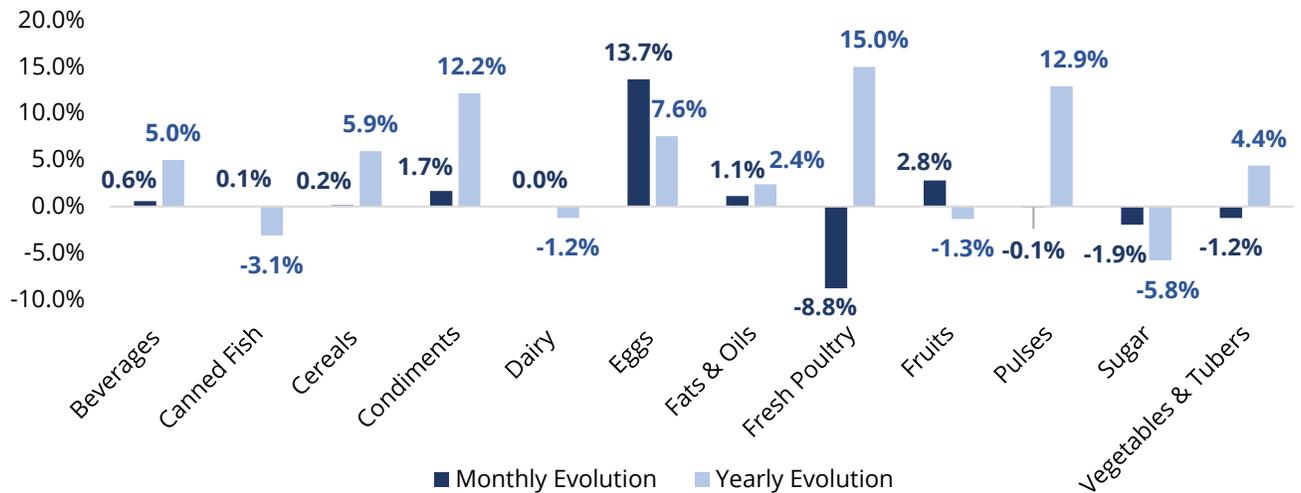
- Each governorate had notable price evolutions in different components:
 - **Akkar:** Highest yearly increase in condiments (+16 percent) and eggs (+31 percent). Notable 17 percent yearly decrease in dairy compared to 1 percent decrease nationwide. Notable 16 percent yearly decrease in fats and oils compared to 2 percent increase nationwide.
 - **Baalbek El Hermel:** Highest monthly decrease in vegetables and tubers (-6 percent).
 - **Beirut:** Highest yearly decrease in the price of fruits (-21 percent).
 - **Bekaa:** Notable 4 percent yearly decrease in the price of eggs, compared to an 8 percent increase nationwide. Notable 4 percent monthly decrease in the price of pulses compared to stability of prices nationwide.
 - **Mount Lebanon:** Highest yearly increase in the price of pulses (+15 percent).
 - **Nabatieh:** Notable 13 percent monthly increase in canned fish compared to stable prices nationwide. Notable 4 percent monthly and yearly decrease in cereals, compared to monthly stability and 6 percent yearly increase nationwide. Highest yearly decrease in the price of sugar (-16 percent).
 - **North:** Highest yearly increase in beverages (+13 percent) and fruits (+19 percent). Notable 10 percent yearly increase in dairy compared to 1 percent decrease nationwide.
 - **South:** Notable 11 percent yearly decrease in canned fish, compared to 3 percent decrease nationally. Notable 5 percent monthly increase in the price of vegetables and tubers, compared to 1 percent decrease nationwide. Highest yearly increase in cereals (+12 percent) and fresh poultry (+40 percent). Highest monthly increase in the price of eggs (+20 percent) and fats and oils (+7 percent).

Monthly and yearly price evolution by governorate and component

MFPI Monthly & Yearly Price Evolution By Governorate

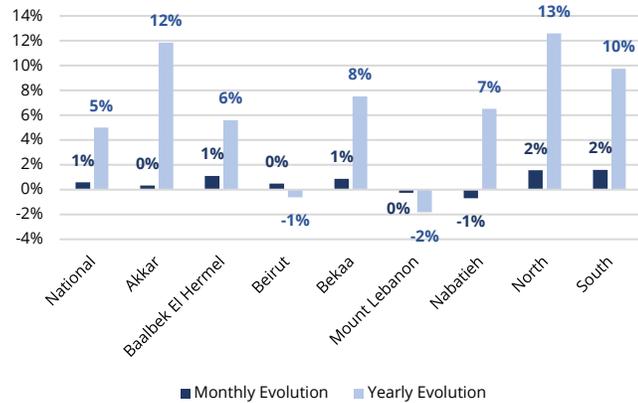


MFPI Monthly & Yearly Price Evolution By Component - National

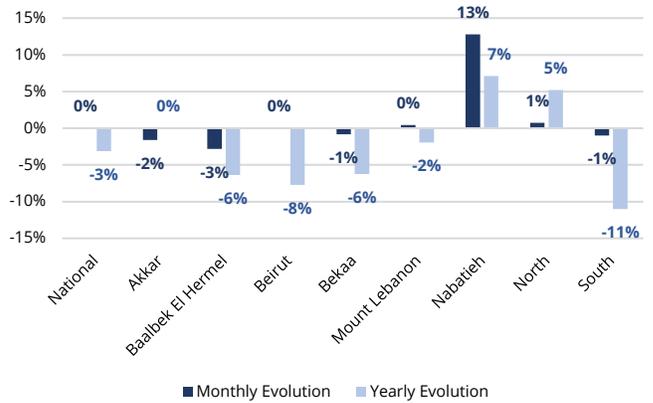


PRICE MONITOR - SEPTEMBER 2024

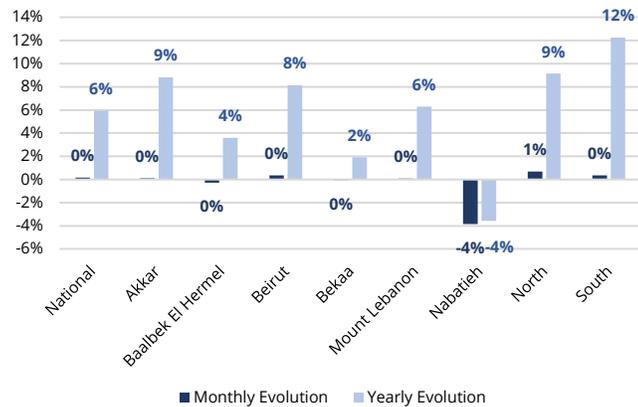
Beverages - Monthly & Yearly Price Evolution By Governorate



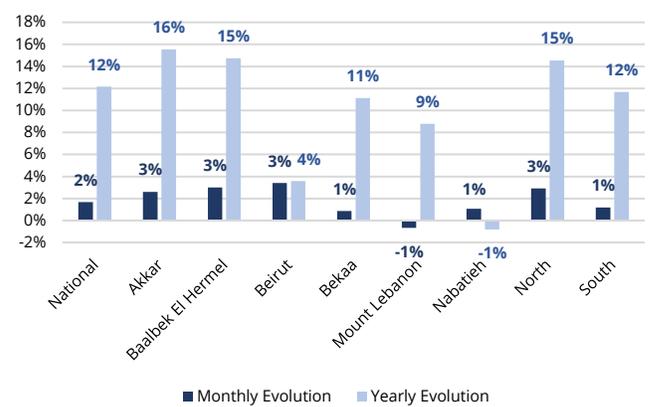
Canned Fish - Monthly & Yearly Price Evolution By Governorate



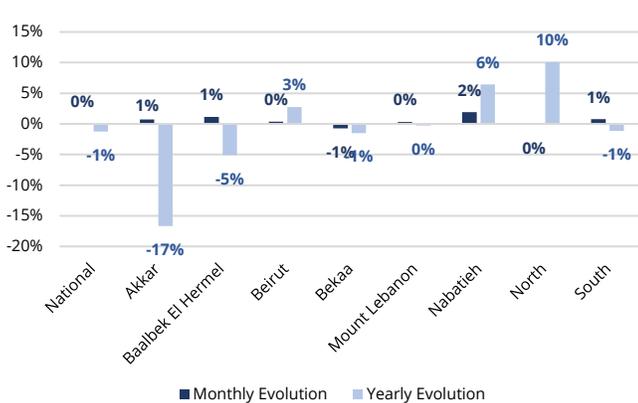
Cereals - Monthly & Yearly Price Evolution By Governorate



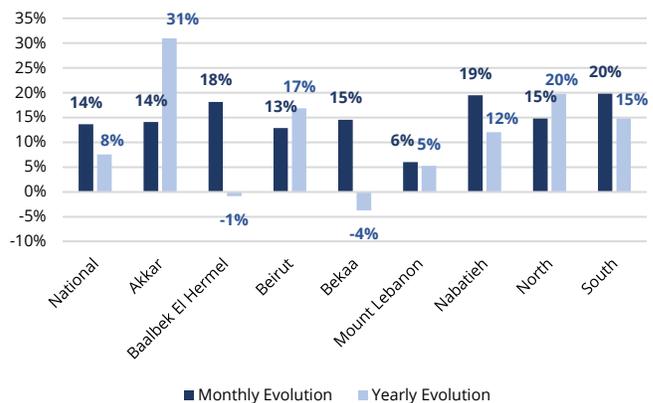
Condiments - Monthly & Yearly Price Evolution By Governorate



Dairy - Monthly & Yearly Price Evolution By Governorate

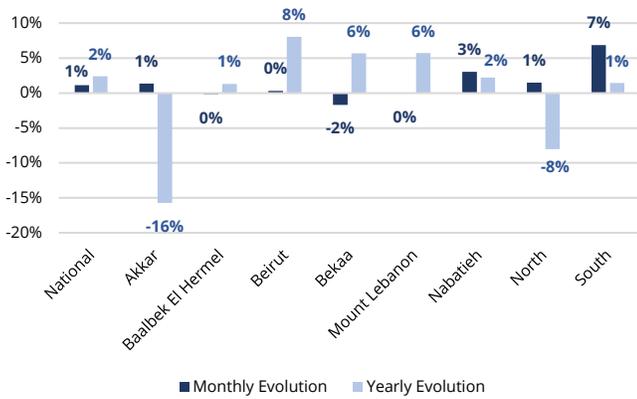


Eggs - Monthly & Yearly Price Evolution By Governorate

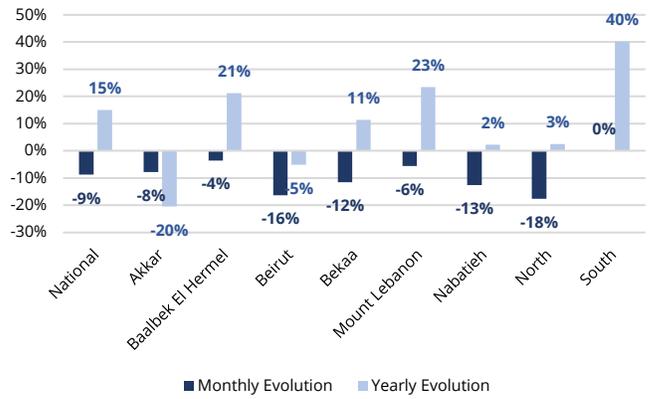


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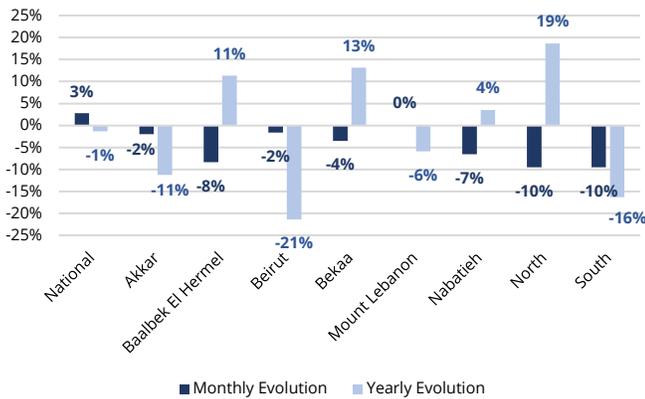
Fats & Oils - Monthly & Yearly Price Evolution By Governorate



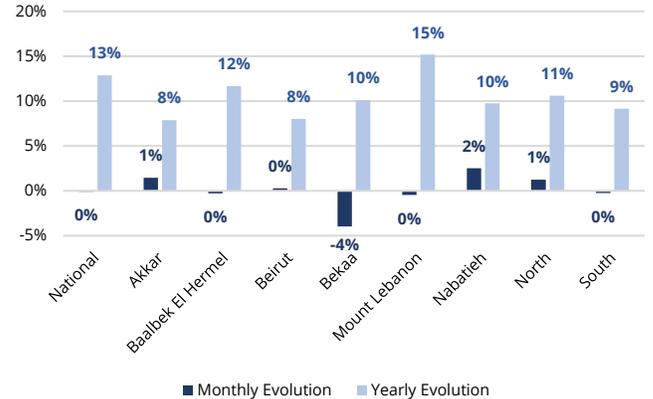
Fresh Poultry - Monthly & Yearly Price Evolution By Governorate



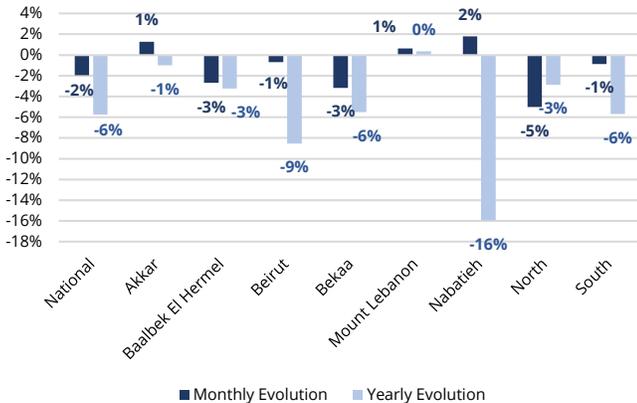
Fruits - Monthly & Yearly Price Evolution By Governorate



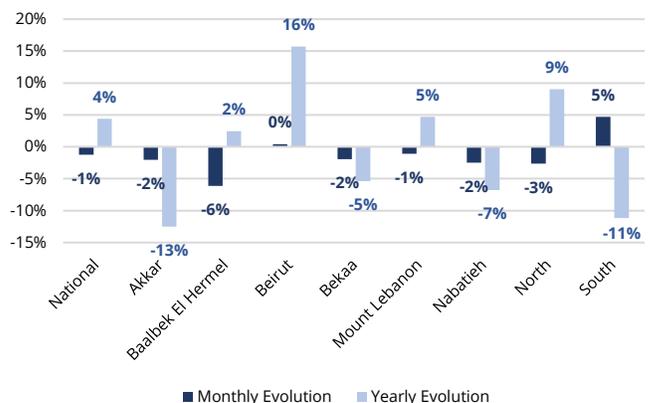
Pulses - Monthly & Yearly Price Evolution By Governorate



Sugar - Monthly & Yearly Price Evolution By Governorate



Vegetables & Tubers - Monthly & Yearly Price Evolution By Governorate



PRICE MONITOR - SEPTEMBER 2024

ANNEX

PRICE PER ITEM – SEPTEMBER 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
BEVERAGES	Arabic Coffee	180 g	\$3.05	\$2.42	\$1.46	\$2.41	\$2.42	\$2.54	\$2.49	\$2.61	\$2.21	\$2.47	\$2.65
	Drinking Water	2 liters	\$0.53	\$0.36	\$0.28	\$0.36	\$0.38	\$0.36	\$0.34	\$0.38	\$0.34	\$0.38	\$0.37
	Nescafe 3 in 1	One stick	\$0.24	\$0.19	\$0.15	\$0.19	\$0.21	\$0.18	\$0.22	\$0.19	\$0.18	\$0.2	\$0.2
	Tea Bags	160 g	\$2.79	\$2.02	\$1.3	\$1.87	\$1.92	\$2.11	\$2.06	\$2.25	\$2.08	\$2.06	\$2.1
	Yerba Mate	250 g	\$1.92	\$1.46	\$1.11	\$1.38	\$1.37	\$1.67	\$1.43	\$1.27	\$1.47	\$1.53	\$1.51
CANNED FISH	Sardines (canned)	125 g	\$1.12	\$0.75	\$0.52	\$0.63	\$0.67	\$0.75	\$0.78	\$0.82	\$0.78	\$0.76	\$0.71
	Tuna (canned)	185 g	\$2.06	\$1.55	\$1.02	\$1.45	\$1.37	\$1.75	\$1.51	\$1.66	\$1.61	\$1.58	\$1.62
CEREALS	Arabic Bread	800 g	\$0.8	\$0.67	\$0.53	\$0.69	\$0.69	\$0.66	\$0.7	\$0.7	\$0.65	\$0.63	\$0.68
	Brown Bulgur	900 g	\$1.52	\$1.03	\$0.7	\$0.92	\$1.03	\$1.04	\$0.99	\$0.94	\$1.09	\$1.05	\$1.02
	Egyptian Rice	900 g	\$1.4	\$0.95	\$0.75	\$0.85	\$0.87	\$0.99	\$0.92	\$0.9	\$0.99	\$0.97	\$0.92
	Noodles	70 g	\$0.9	\$0.46	\$0.23	\$0.41	\$0.49	\$0.46	\$0.47	\$0.37	\$0.41	\$0.51	\$0.48
	Pasta	500 g	\$1.59	\$0.93	\$0.38	\$0.71	\$0.86	\$1.17	\$0.97	\$0.9	\$0.98	\$0.88	\$1.03
	Sweet Corn	340 g	\$1.69	\$1.06	\$0.57	\$0.76	\$1.03	\$1.27	\$0.9	\$1.12	\$1.29	\$1.06	\$1.19
	Wheat Flour	900 g	\$1.41	\$0.86	\$0.55	\$0.73	\$0.81	\$0.78	\$0.76	\$0.69	\$0.92	\$0.92	\$0.93
CONDIMENTS	Bouillon Cubes (chicken or meat)	20 g	\$0.34	\$0.2	\$0.12	\$0.23	\$0.22	\$0.17	\$0.19	\$0.2	\$0.18	\$0.19	\$0.21
	Pomegranate Molasse	270 g	\$2	\$1.64	\$1.03	\$1.57	\$1.57	\$1.54	\$1.69	\$1.68	\$1.66	\$1.67	\$1.69
	Salt	700 g	\$0.99	\$0.29	\$0.13	\$0.23	\$0.27	\$0.35	\$0.25	\$0.18	\$0.3	\$0.33	\$0.24
	Thyme (dry)	400 g	\$4.45	\$1.53	\$0.84	\$1.36	\$1.47	\$3.38	\$1.64	\$1.33	\$1.52	\$1.42	\$1.19

PRICE MONITOR - SEPTEMBER 2024

PRICE PER ITEM – SEPTEMBER 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
CONDIMENTS	Tomato Ketchup	340 g	\$1.15	\$0.78	\$0.65	\$0.76	\$0.79	\$0.8	\$0.79	\$0.73	\$0.8	\$0.77	\$0.77
	Tomato Paste	660 g	\$2.88	\$1.65	\$0.83	\$1.42	\$1.54	\$1.73	\$1.48	\$1.64	\$1.73	\$1.68	\$1.89
DAIRY	Cheese Triangles	108 g	\$1.44	\$0.97	\$0.47	\$0.83	\$0.98	\$0.9	\$1.18	\$1.09	\$0.88	\$1.15	\$0.85
	Laban	1,000 g	\$2.25	\$1.63	\$0.82	\$1.27	\$1.47	\$1.71	\$1.74	\$1.68	\$1.72	\$1.7	\$1.8
	Labneh	450 g	\$3.1	\$2.34	\$1.08	\$1.63	\$2.1	\$2.6	\$2.52	\$2.29	\$2.51	\$2.49	\$2.72
	Milk Powder (Full Fat)	750 g	\$8.33	\$5.88	\$4.26	\$5.33	\$5.8	\$6.43	\$6.03	\$5.27	\$5.97	\$5.92	\$5.46
	Processed Cheese	120 g	\$1.48	\$0.89	\$0.49	\$0.94	\$0.65	\$0.95	Data not available	\$1.16	\$0.93	\$0.84	\$0.98
EGGS	Eggs	30 eggs	\$5.45	\$4.15	\$2.75	\$4.13	\$3.7	\$5.07	\$3.8	\$4.68	\$4.1	\$4.22	\$4.76
FATS & OILS	Butter	200 g	\$2.79	\$2.08	\$0.37	\$1.42	\$1.99	\$2.48	\$2.32	\$1.91	\$2.26	\$1.88	\$2.23
	Olive Oil	500 ml	\$6.9	\$3.83	\$1.43	\$3.25	\$2.23	\$5.77	\$3.04	\$2.09	\$3.92	\$4.66	\$3.27
	Sunflower Oil	5,000 ml	\$9.8	\$7.35	\$5.55	\$6.63	\$6.97	\$7.7	\$7.22	\$7.26	\$7.75	\$7.62	\$7.27
	Tahini Sauce	800 ml	\$6.33	\$4.45	\$2.53	\$3.78	\$4.32	\$5.31	\$4.44	\$5.17	\$4.86	\$4.16	\$5.1
	Vegetable Ghee	700 ml	\$4.17	\$2.32	\$1.24	\$2.07	\$2.23	\$2.92	\$2.08	\$2.22	\$2.48	\$2.38	\$2.45
FRESH POULTRY	Chicken (Whole)	1,000 g	\$4.35	\$3.5	\$2.55	Data not available	\$3.38	\$3.51	\$3.31	\$3.9	\$3.67	\$3.05	Data not available
	Chicken Breast	1,000 g	\$12.12	\$8.68	\$5.5	\$6.68	\$7.22	\$8.12	\$6.9	Data not available	\$9.81	\$7.73	Data not available
	Chicken Legs	1,000 g	\$4.3	\$2.77	\$1.67	\$2.28	\$2.29	\$2.34	\$2.39	\$2.68	\$3.17	\$2.44	Data not available

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PRICE PER ITEM – SEPTEMBER 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
FRUITS	Apple (red or yellow)	1,000 g	\$2	\$1.11	\$0.55	\$0.9	\$0.99	\$1.14	\$1.11	\$0.89	\$1.14	\$1.45	\$0.93
	Banana	1,000 g	\$2.3	\$0.86	\$0.55	\$0.77	\$0.83	\$1.01	\$0.75	\$1	\$0.87	\$0.92	\$0.81
	Clementine	1,000 g	\$0.95	\$0.95	\$0.95	Data not available	\$0.95	Data not available					
	Grapes	1,000 g	\$3.33	\$1.5	\$0.66	\$0.92	\$1.03	\$1.62	\$1.41	\$1.16	\$1.87	\$1.78	\$1.3
	Lemon	1,000 g	\$2.45	\$1.01	\$0.51	\$0.83	\$1.02	\$1.12	\$1.04	\$1.18	\$1.02	\$1.07	\$0.9
	Orange	1,000 g	\$1.2	\$0.76	\$0.5	\$0.67	\$0.72	\$0.89	\$0.71	Data not available	\$0.72	\$0.85	\$0.86
LUNCHEON MEAT	Beef Luncheon	200 g	\$2.39	\$1.12	\$0.51	\$1.06	\$0.75	\$1.5	\$1.25	\$1.09	\$1.01	\$1.3	\$1.07
	Chicken Luncheon	200 g	\$2.23	\$0.87	\$0.58	\$0.73	\$0.78	\$1.15	\$0.73	\$0.71	\$1.09	\$0.87	\$0.73
PULSES	Chickpeas	900 g	\$3.2	\$1.96	\$1.12	\$1.7	\$1.71	\$1.93	\$1.78	\$1.73	\$2.14	\$2.05	\$2.32
	Fava Beans (canned)	400 g	\$0.98	\$0.63	\$0.43	\$0.5	\$0.64	\$0.74	\$0.67	\$0.59	\$0.69	\$0.64	\$0.62
	Green Peas (canned)	400 g	\$2.3	\$1.13	\$0.49	\$0.78	\$0.87	\$1.7	\$1	\$0.71	\$1.27	\$1.2	\$0.73
	Hummus Tahini (canned)	400 g	\$1.19	\$0.75	\$0.52	\$0.57	\$0.69	\$0.89	\$0.79	\$0.74	\$0.86	\$0.77	\$0.68
	Lentils	900 g	\$2.6	\$1.79	\$1.03	\$1.62	\$1.71	\$1.69	\$1.54	\$1.72	\$1.95	\$1.9	\$1.86
	White Beans	900 g	\$2.8	\$1.94	\$1.12	\$1.75	\$1.78	\$2.13	\$1.9	\$2.24	\$2.05	\$1.99	\$1.99
SUGAR	White Sugar	5,000 g	\$6.67	\$4.78	\$3.65	\$4.49	\$4.71	\$4.89	\$4.68	\$4.44	\$5.16	\$4.64	\$5.02

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PRICE PER ITEM – SEPTEMBER 2024

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	Mount Lebanon	Nabatieh	North	South
VEGETABLES & TUBERS	Cabbage	1,000 g	\$0.82	\$0.5	\$0.3	\$0.4	\$0.54	\$0.55	\$0.35	\$0.46	\$0.57	\$0.49	\$0.39
	Carrots	1,000 g	\$1.35	\$0.77	\$0.45	\$0.75	\$0.71	\$1.13	\$0.79	\$0.68	\$0.69	\$0.92	\$0.73
	Cauliflower	1,000 g	\$1.33	\$0.67	\$0.33	\$0.44	\$0.6	\$0.86	\$0.52	\$0.55	\$0.74	\$0.66	\$0.56
	Cucumber	1,000 g	\$1.43	\$0.84	\$0.44	\$0.67	\$0.65	\$1.07	\$0.78	\$0.65	\$0.94	\$0.96	\$0.65
	Eggplant	1,000 g	\$1.3	\$0.67	\$0.31	\$0.51	\$0.41	\$0.88	\$0.44	\$0.53	\$0.85	\$0.58	\$0.63
	Garlic	300 g	\$1.48	\$0.95	\$0.45	\$0.86	\$0.95	Data not available	\$0.88	\$0.9	\$0.98	\$1.08	\$0.87
	Green Bean (Fresh)	1,000 g	\$2.66	\$1.37	\$0.71	\$1.02	\$1.22	\$1.67	\$0.96	\$1.05	\$1.69	\$1.25	\$1.06
	Lettuce	750 g	\$1.1	\$0.7	\$0.33	\$0.5	\$0.58	\$0.93	\$0.51	\$0.54	\$0.79	\$0.77	\$0.6
	Onion	1,000 g	\$1.15	\$0.67	\$0.41	\$0.59	\$0.51	\$0.76	\$0.49	\$0.57	\$0.76	\$0.74	\$0.58
	Parsley	300 g	\$0.5	\$0.24	\$0.15	\$0.23	\$0.25	\$0.38	\$0.23	\$0.22	\$0.21	\$0.3	\$0.28
	Potato	300 g	\$0.84	\$0.64	\$0.5	\$0.64	\$0.66	\$0.7	\$0.63	\$0.64	\$0.62	\$0.69	\$0.68
	Purslane	300 g	\$0.67	\$0.37	\$0.17	\$0.25	\$0.3	\$0.57	\$0.34	Data not available	\$0.35	\$0.36	\$0.32
	Tomato	1,000 g	\$1.3	\$0.73	\$0.38	\$0.57	\$0.7	Data not available	\$0.61	\$0.7	\$0.83	\$0.75	\$0.63
Zucchini	1,000 g	\$1.55	\$0.92	\$0.49	\$0.75	\$0.71	\$1.2	\$0.67	\$0.78	\$1.11	\$0.83	\$0.62	
NON-FOOD ITEMS	Baby Diapers	40 diapers	\$10.47	\$5.9	\$3	\$5.26	\$5.13	\$7.11	\$5.58	\$7.39	\$6.31	\$5.95	\$6.15
	Bleach	1,000 ml	\$1.88	\$0.99	\$0.52	\$0.88	\$0.96	\$1.1	\$0.88	\$1.2	\$0.97	\$1.02	\$1.11
	Dishwashing Liquid	700 ml	\$3.28	\$1.49	\$0.67	\$1.1	\$1.18	\$1.87	\$1.38	\$1.05	\$1.61	\$1.53	\$1.72
	Laundry Washing Powder	4,000 g	\$12.99	\$9	\$5.28	\$8.58	\$8.21	\$9.9	\$9.06	\$9.32	\$9.14	\$9.45	\$8.74
	Sanitary Napkins	20 napkins pack	\$3.38	\$2.33	\$1.34	\$2.23	\$2.46	\$2.48	\$2.3	\$2.29	\$2.25	\$2.31	\$2.57
	Shampoo	400 ml	\$4.23	\$3.03	\$1.48	\$2.97	\$2.96	\$2.88	\$3.18	\$3.31	\$3.05	\$2.96	\$3.25
	Soap	One soap bar (125 g)	\$1.35	\$0.78	\$0.25	\$0.66	\$0.81	\$0.82	\$0.91	\$0.6	\$0.8	\$0.77	\$0.89
	Toilet Rolls	32 rolls	\$11.5	\$6.32	\$2.88	\$5.07	\$5.08	\$6.66	\$6.31	\$5.3	\$6.89	\$6.5	\$7.47
	Toothbrush	One toothbrush	\$2.63	\$0.99	\$0.43	\$0.85	\$0.83	\$1.13	\$1.03	\$0.79	\$1.11	\$1.02	\$0.97
	Toothpaste	125 ml	\$2.33	\$1.33	\$0.93	\$1.3	\$1.4	\$1.29	\$1.25	\$1.29	\$1.28	\$1.37	\$1.53