

Lebanon Monthly Price Bulletin

**Tracking prices for the most essential goods
available on the Lebanese market**



March 2025

ABOUT THIS REPORT

This report is the result of a joint project between the Ministry of Economy and Trade (MoET) and the World Food Programme (WFP). The project aims to implement a market price information system and economic analysis in Lebanon, with the goal of enhancing the Ministry's capacity to monitor prices in the current context of economic volatility and insecurity.

The report is composed of three main sections:

- A high-level view of the latest price trends through the lens of the **Market Food Price Index (MFPI)**
- An **in-depth analysis** per food category and governorate
- An **annex table** displaying the latest prices nationally and per governorate

This report was based on price monitoring data of 75 food and non-food items from a representative sample of around 800 shops located across the eight governorates.

Data is collected weekly and stored on a price monitoring system hosted by WFP.

Collection in the El Nabatieh and South governorates returned to pre-conflict levels starting February 2025.

MARKET FOOD PRICE INDEX (MFPI)

Key highlights

The MFPI rose to **143.8** in March 2025, registering a **4.7 percent monthly increase**, driven by a **17.4 percent** increase in **vegetables and tubers**, a **12.4 percent** increase in **fruits**, and an **8.8 percent** increase in **fresh poultry**. The MFPI has increased by **10.6 percent** since March 2024.

The price index has been driven since January 2023 by an index evolution in **vegetables and tubers** (229.2), **fruits** (275.5), and **cereals** (121.9).

The highest MFPI was observed in the governorates of **North (150.2)**, **Beirut (148.8)**, and **Baalbek-El Hermel (146.5)**.

MARCH 2025 MFPI

143.8

+5 percent monthly evolution
+11 percent yearly evolution

Index Components	Price Index (Mar-25)	Monthly Trend	Yearly Trend
Beverages	124.0	+0.3%	+15.9%
Canned Fish	113.7	+0.2%	+7.4%
Cereals	121.9	-0.9%	+6.5%
Condiments	130.1	-0.1%	+2.3%
Dairy	117.7	+0.1%	+10.8%
Eggs	93.9	-3.3%	-0.7%
Fats & Oils	118.9	+0.2%	+11.3%
Fresh Poultry	144.7	+8.8%	+12.2%
Fruits	275.5	+12.4%	+24.0%
Pulses	135.5	-0.1%	+6.5%
Sugar	110.0	-1.1%	-3.5%
Vegetables & Tubers	229.2	+17.4%	+13.5%
MFPI	143.8	+4.7%	+10.6%

Base 100 = Jan 23

Notable Monthly Price Evolution

Governorate MFPI

- Baalbek-El Hermel (+8%)

MFPI Components

- Vegetables & Tubers (+17%)
- Fruits (+12%)
- Fresh Poultry (+9%)

KEY DRIVERS

Conflict-related disruptions, lack of rainfall, and rising demand over the month of Ramadan contributed to price surges in locally produced fresh food items.

Notable Yearly Price Evolution

Governorate MFPI

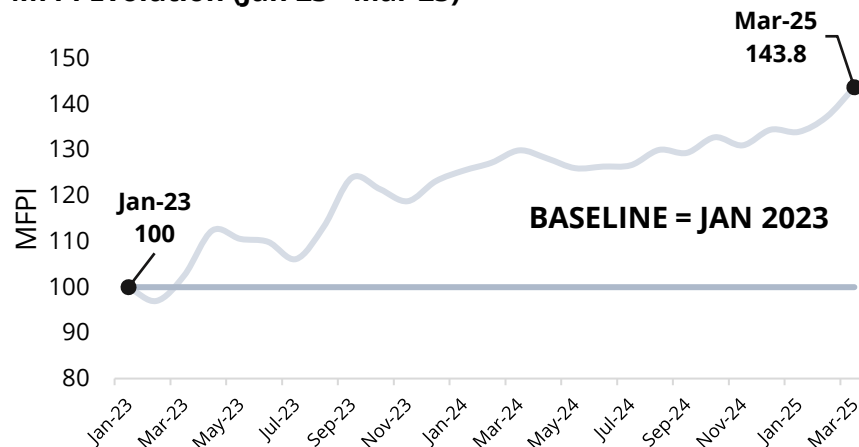
- North (+16%)
- Baalbek-El Hermel (+15%)

MFPI Components

- Fruits (+24%)
- Beverages (+16%)

The combined effect of conflict, mass displacement, and economic deterioration over the past year had a comparatively more pronounced impact on prices in North and Baalbek-El Hermel.

MFPI Evolution (Jan 23 - Mar 25)



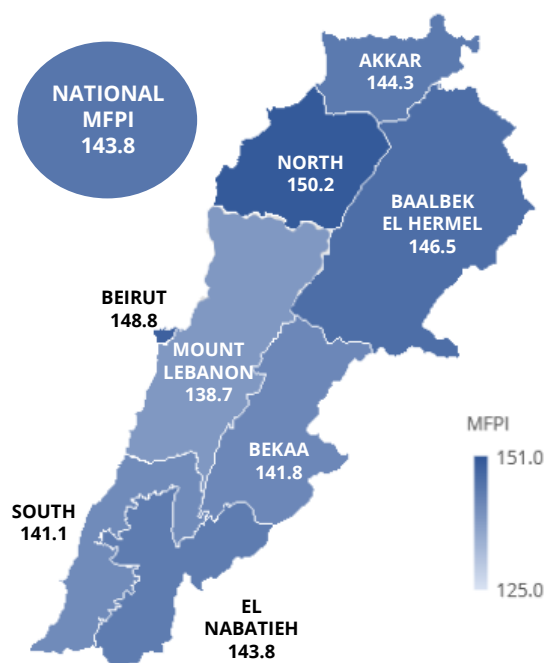
The **Market Food Price Index (MFPI)** is a measure of the average change over time in the prices in US dollars paid by consumers for 65 essential food items. It is calculated as the weighted average of price changes for each of its components. The base month of the index is January 2023.

ANALYSIS

Overview

Despite relative macroeconomic stabilization, the monthly increase in food prices between February and March 2025 highlights persistent upward pressure, driven primarily by supply-side challenges such as insufficient rainfall and heightened demand for fresh products during the holy month of Ramadan. Baalbek-El Hermel (+8 percent) and Akkar (+6 percent), both governorates heavily dependent on agriculture and with relatively lower market access and weaker supply chains, recorded the highest monthly increases. The South and El Nabatieh governorates saw a broad decline in prices, only offset by inflation in vegetables and, in the case of El Nabatieh, fresh poultry.

Market Food Price Index by Governorate (March 2025)
Base = January 2023



Highest and Lowest Governorates Scores

↑	North	150.2	↓	South	141.1
	Beirut	148.8		Mount Lebanon	138.7

Highest and Lowest Components Scores

↑	Fruits	275.5	↓	Sugar	110.0
	Vegetables & Tubers	229.2		Eggs	93.9

Year over Year Evolution

↑	North	+16%	↓	Bekaa & El Nabatieh	+10%
	Baalbek El Hermel	+15%		Beirut	+9%

Month over Month Evolution

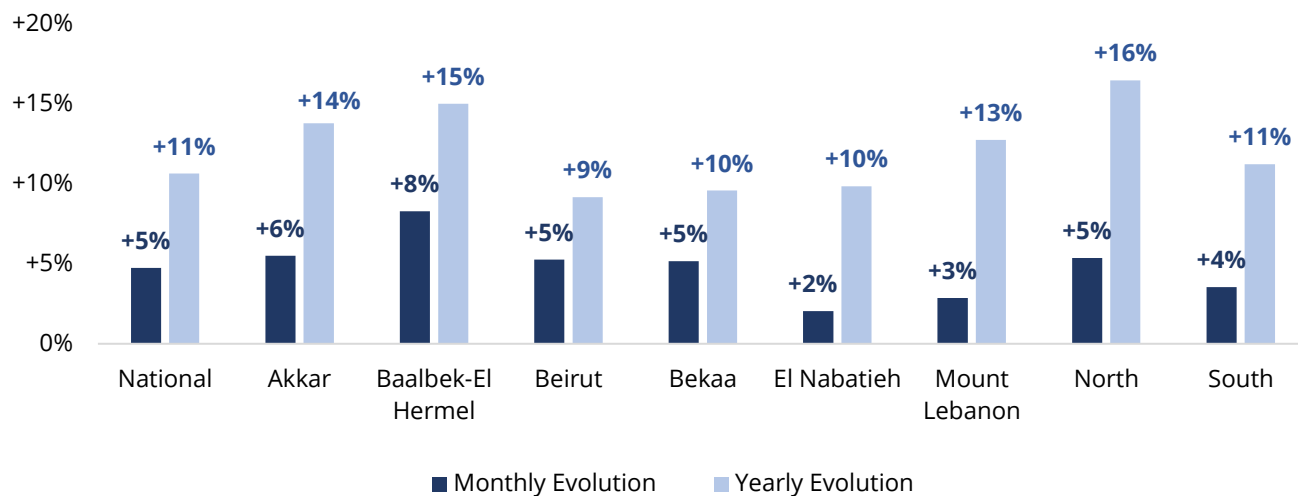
↑	Baalbek El Hermel	+8%	↓	Mount Lebanon	+3%
	Akkar	+6%		El Nabatieh	+2%

Notable Trends:

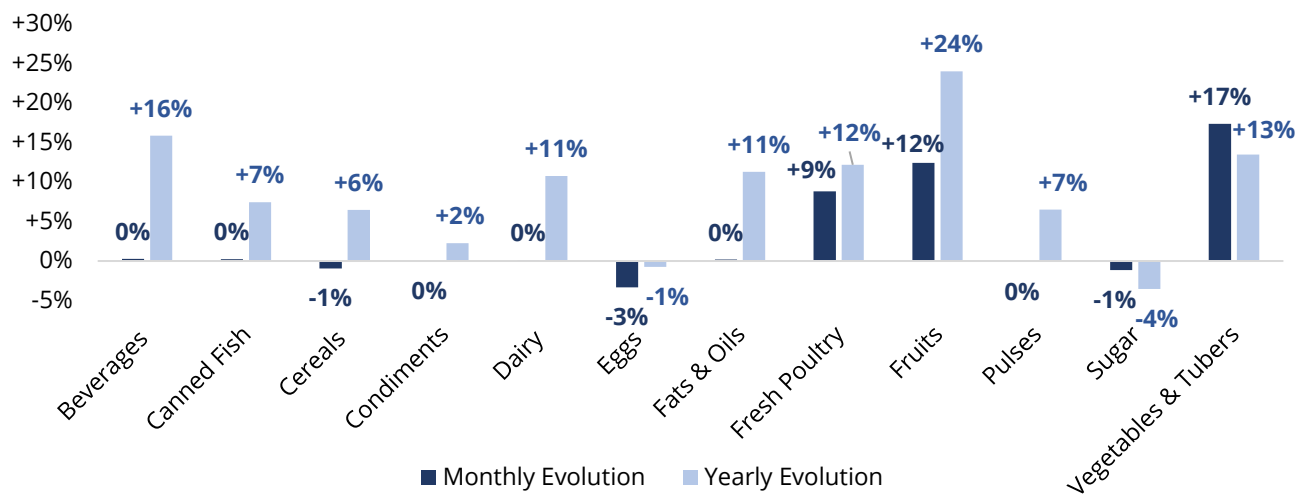
- Different price evolutions were observed across governorates:
 - Akkar:** Notable monthly increases in fresh poultry (+14 percent), fruits (+10 percent), and vegetables (+22 percent).
 - Baalbek-El Hermel:** Highest monthly increase in vegetables (+31 percent) and fruits (+26 percent), in addition to 7 percent monthly increase in fresh poultry.
 - Beirut:** Notable monthly increases in fresh poultry (+10 percent), fruits (+7 percent), and vegetables (+16 percent).
 - Bekaa:** Notable monthly increases in fresh poultry (+10 percent), fruits (+10 percent), and vegetables (+17 percent).
 - El Nabatieh:** Notable monthly decreases in beverages (-4 percent), canned fish (-2 percent), cereals (-3 percent), condiments (-2 percent), dairy (-4 percent), eggs (-4 percent), fats & oils (-2 percent), fruits (-7 percent), pulses (-4 percent), and sugar (-3 percent). This broad decline was offset by monthly increases in fresh poultry (+8 percent) and vegetables (+24 percent).
 - Mount Lebanon:** Notable monthly decrease in dairy (-7 percent) and eggs (-7 percent), offset by monthly increases in vegetables (+11 percent) and fruits (+18 percent).
 - North:** Notable monthly increases in fresh poultry (+14 percent) and vegetables (+22 percent).
 - South:** Monthly decreases in beverages (-1 percent), cereals (-2 percent), condiments (-2 percent), eggs (-2 percent), fresh poultry (-1 percent), fruits (-4 percent), and sugar (-3 percent), offset by a 24 percent monthly increase in vegetables.

Monthly and yearly price evolution by governorate and component

MFPI Monthly & Yearly Price Evolution By Governorate

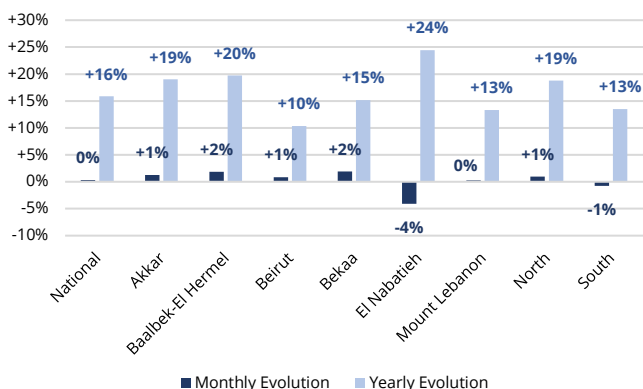


MFPI Monthly & Yearly Price Evolution By Component - National

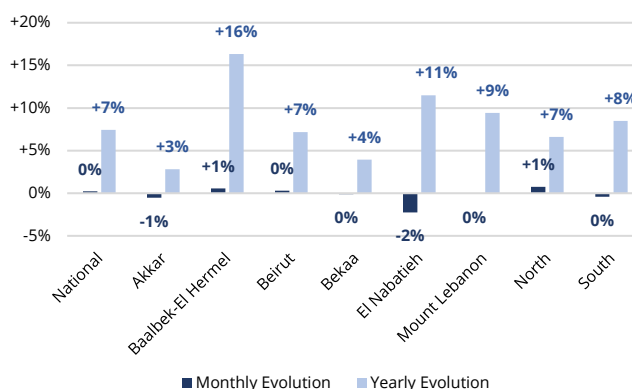


PRICE BULLETIN – MARCH 2025

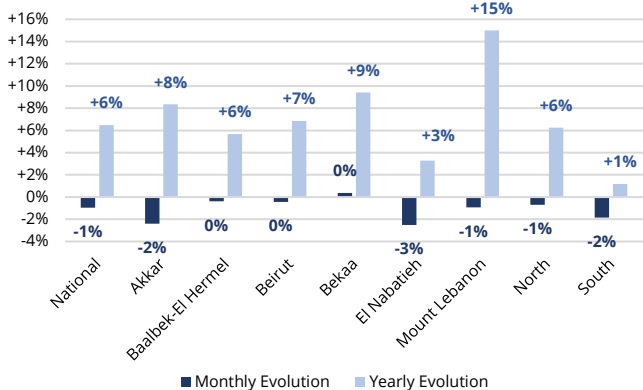
Beverages - Monthly & Yearly Price Evolution By Governorate



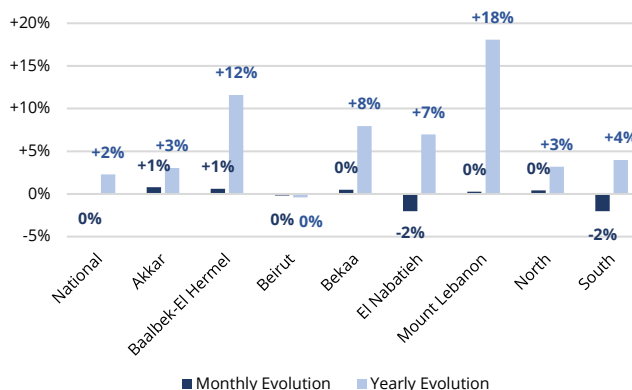
Canned Fish - Monthly & Yearly Price Evolution By Governorate



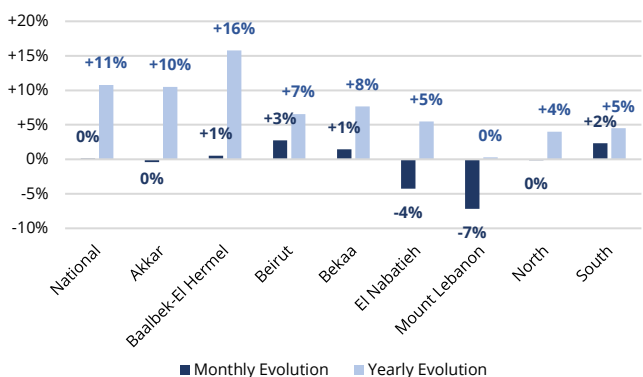
Cereals - Monthly & Yearly Price Evolution By Governorate



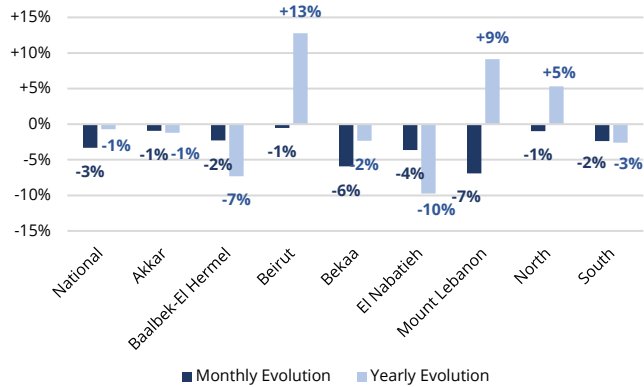
Condiments - Monthly & Yearly Price Evolution By Governorate



Dairy - Monthly & Yearly Price Evolution By Governorate

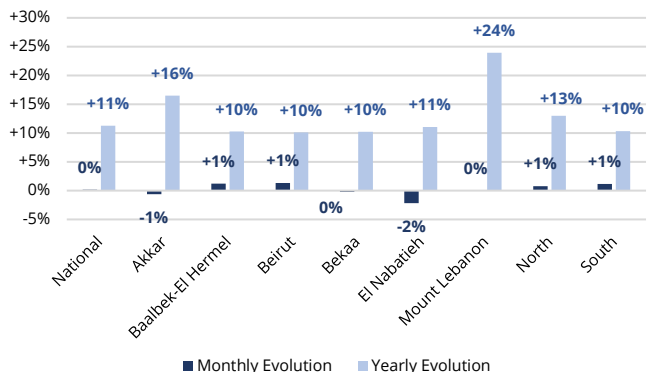


Eggs - Monthly & Yearly Price Evolution By Governorate

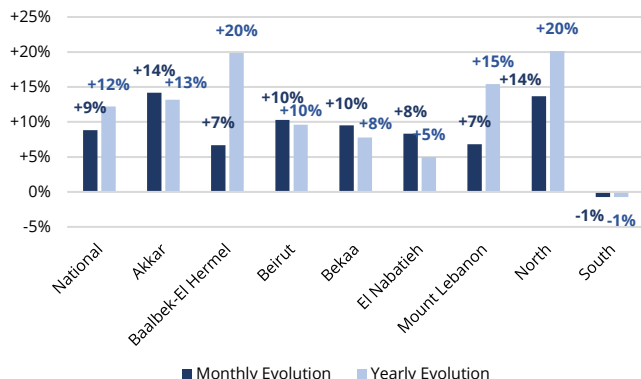


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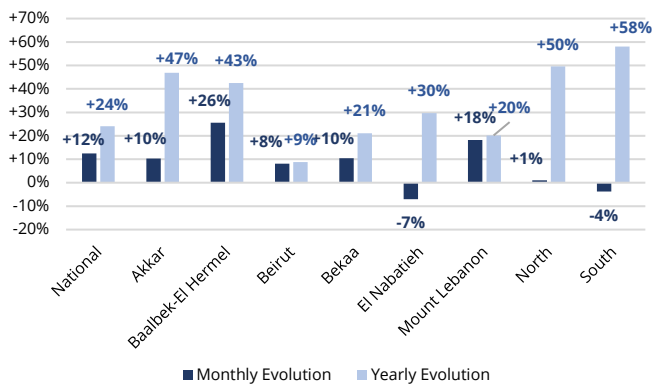
Fats & Oils - Monthly & Yearly Price Evolution By Governorate



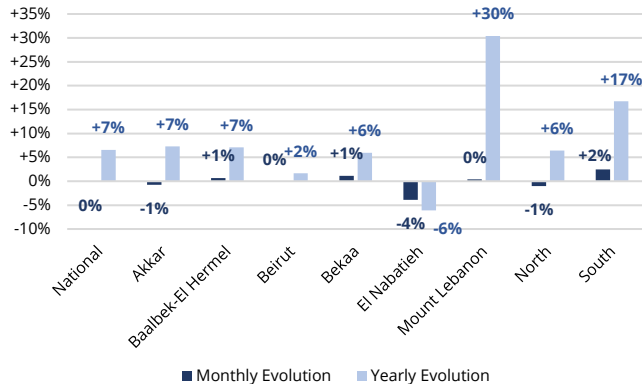
Fresh Poultry - Monthly & Yearly Price Evolution By Governorate



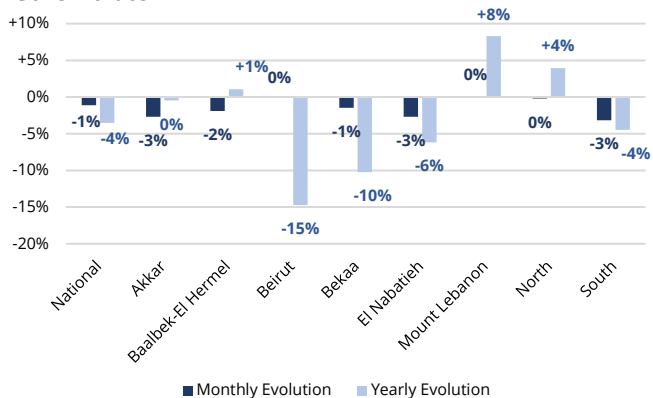
Fruits - Monthly & Yearly Price Evolution By Governorate



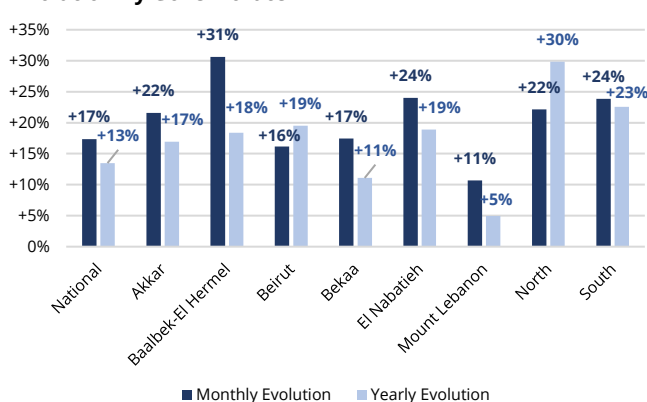
Pulses - Monthly & Yearly Price Evolution By Governorate



Sugar - Monthly & Yearly Price Evolution By Governorate



Vegetables & Tubers - Monthly & Yearly Price Evolution By Governorate



ANNEX

PRICE PER ITEM – MARCH 2025

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek- El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
BEVERAGES	Arabic Coffee	180 g	\$3.7	\$2.94	\$1.83	\$2.77	\$2.8	\$2.95	\$3.06	\$3.2	\$2.68	\$2.98	\$3.1
	Drinking Water	2 liters	\$2.2	\$1.37	\$0.48	\$1.26	\$1.36	\$1.66	\$1.29	\$1.4	\$1.34	\$1.47	\$1.35
	Nescafe 3 in 1	One stick	\$0.33	\$0.22	\$0.16	\$0.25	\$0.24	\$0.18	\$0.22	\$0.21	\$0.19	\$0.24	\$0.21
	Tea Bags	160 g	\$2.79	\$2.03	\$1.31	\$2.02	\$1.99	\$2.13	\$2.06	\$1.97	\$2.07	\$2.08	\$1.99
	Yerba Mate	250 g	\$1.99	\$1.49	\$1.22	\$1.41	\$1.44	\$1.67	\$1.45	\$1.47	\$1.49	\$1.55	\$1.52
CANNED FISH	Sardines (canned)	125 g	\$1.29	\$0.8	\$0.56	\$0.67	\$0.81	\$0.81	\$0.79	\$0.85	\$0.81	\$0.8	\$0.81
	Tuna (canned)	185 g	\$2.19	\$1.62	\$1.05	\$1.51	\$1.53	\$1.85	\$1.53	\$1.8	\$1.61	\$1.58	\$1.64
CEREALS	Arabic Bread	800 g	\$0.88	\$0.79	\$0.58	\$0.74	\$0.82	\$0.86	\$0.79	\$0.82	\$0.76	\$0.74	\$0.81
	Brown Bulgur	900 g	\$1.52	\$1.03	\$0.72	\$0.97	\$1.03	\$1.04	\$1.04	\$0.96	\$1.12	\$1	\$1.04
	Egyptian Rice	900 g	\$1.75	\$1.01	\$0.77	\$0.96	\$1	\$1.04	\$1.03	\$1.03	\$1.05	\$1	\$1.09
	Noodles	70 g	\$0.86	\$0.4	\$0.22	\$0.4	\$0.38	\$0.42	\$0.44	\$0.47	\$0.36	\$0.42	\$0.33
	Pasta	500 g	\$1.64	\$0.96	\$0.41	\$0.76	\$0.83	\$1.18	\$0.97	\$0.97	\$1	\$0.95	\$1
	Sweet Corn	340 g	\$1.69	\$1.12	\$0.61	\$0.84	\$1.13	\$1.28	\$1.03	\$1.11	\$1.31	\$1.11	\$1.11
	Wheat Flour	900 g	\$1.4	\$0.84	\$0.55	\$0.68	\$0.79	\$0.78	\$0.78	\$0.8	\$0.92	\$0.9	\$0.87
CONDIMENTS	Bouillon Cubes (chicken or meat)	20 g	\$0.4	\$0.2	\$0.11	\$0.21	\$0.25	\$0.17	\$0.19	\$0.22	\$0.18	\$0.19	\$0.21
	Pomegranate Molasse	270 g	\$1.98	\$1.64	\$1.1	\$1.51	\$1.68	\$1.54	\$1.67	\$1.61	\$1.64	\$1.68	\$1.68
	Salt	700 g	\$1.03	\$0.28	\$0.12	\$0.24	\$0.29	\$0.35	\$0.32	\$0.28	\$0.3	\$0.31	\$0.19
	Thyme (dry)	400 g	\$4.44	\$1.54	\$0.8	\$1.45	\$1.58	\$2.54	\$1.63	\$1.69	\$1.53	\$1.45	\$1.23

PRICE BULLETIN – MARCH 2025

PRICE PER ITEM – MARCH 2025

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
CONDIMENTS	Tomato Ketchup	340 g	\$1.18	\$0.81	\$0.65	\$0.8	\$0.82	\$0.87	\$0.79	\$0.82	\$0.83	\$0.78	\$0.79
	Tomato Paste	660 g	\$2.85	\$1.78	\$0.97	\$1.61	\$1.75	\$1.72	\$1.69	\$1.92	\$1.81	\$1.81	\$1.83
	White Vinegar	950 ml	\$1.54	\$0.8	\$0.4	\$0.62	\$0.8	\$0.71	\$0.84	\$0.89	\$0.77	\$0.84	\$0.82
DAIRY	Canned Cheese	120 g	\$2.16	\$1.2	\$0.56	Data not available	Data not available	\$1.18	Data not available	\$1.24	\$1.15	Data not available	\$0.98
	Cheese Triangles	108 g	\$1.62	\$1.06	\$0.51	\$0.89	\$1	\$0.96	\$1.3	\$0.99	\$1.03	\$1.22	\$1.09
	Laban	1,000 g	\$2.85	\$1.73	\$0.94	\$1.21	\$1.7	\$1.77	\$1.79	\$1.83	\$1.73	\$1.81	\$1.86
	Labneh	450 g	\$3.38	\$2.47	\$1.11	\$1.79	\$2.35	\$2.7	\$2.63	\$2.27	\$2.5	\$2.76	\$2.64
	Milk Powder (Full Fat)	750 g	\$8.8	\$5.87	\$4.39	\$5.61	\$6.13	\$5.98	\$6.08	\$5.88	\$5.96	\$5.77	\$5.59
	Processed Cheese	120 g	\$1.92	\$0.98	\$0.52	\$0.91	\$0.76	\$1.06	Data not available	\$1.18	\$0.92	\$0.88	\$1.01
EGGS	Eggs	30 eggs	\$4.73	\$3.44	\$2.54	\$3.22	\$3.02	\$3.96	\$2.99	\$3.36	\$3.59	\$3.84	\$3.54
FATS & OILS	Butter	200 g	\$3.19	\$2.29	\$0.44	\$1.58	\$2.14	\$2.71	\$2.37	\$2.51	\$2.3	\$2.1	\$2.51
	Olive Oil	500 ml	\$8.62	\$3.95	\$1.55	\$3.56	\$2.53	\$5.85	\$3.8	\$4.23	\$4.29	\$5.02	\$2.88
	Sunflower Oil	5,000 ml	\$17.32	\$9.22	\$6.3	\$8.7	\$9.07	\$9.84	\$9.08	\$9.31	\$9.03	\$9.39	\$9.51
	Tahini Sauce	800 ml	\$6.24	\$4.48	\$2.53	\$3.7	\$4.36	\$5.29	\$4.62	\$5.01	\$4.85	\$4	\$4.52
	Vegetable Ghee	700 ml	\$4.59	\$2.38	\$1.24	\$2.27	\$2.37	\$3.02	\$2.14	\$2.58	\$2.46	\$2.34	\$2.26
FRESH POULTRY	Chicken (Whole)	1,000 g	\$5.95	\$3.83	\$2.98	Data not available	\$3.54	\$4.38	\$3.64	\$3.63	\$3.72	\$4.24	\$3.28
	Chicken Breast	1,000 g	\$10.64	\$8.64	\$6	\$7.61	\$7.26	\$8.65	\$7.86	\$8.09	\$9.14	\$8.3	\$8.44
	Chicken Legs	1,000 g	\$4.39	\$3.06	\$2.2	\$3.45	\$2.6	\$2.95	\$2.83	\$3.16	\$3.11	\$3.15	\$2.72

PRICE BULLETIN – MARCH 2025

PRICE PER ITEM – MARCH 2025

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
FRUITS	Apple (red or yellow)	1,000 g	\$2.77	\$1.53	\$0.95	\$1.75	\$1.53	\$1.85	\$1.43	\$1.52	\$1.45	\$1.95	\$1.56
	Banana	1,000 g	\$1.2	\$0.89	\$0.65	\$0.82	\$0.99	\$1.04	\$0.82	\$0.86	\$0.89	\$0.87	\$0.83
	Clementine	1,000 g	\$2.53	\$1.37	\$0.6	\$0.63	\$1.78	Data not available	Data not available	\$1.08	\$1.33	\$1.75	\$1.85
	Grapes	1,000 g	\$4.5	\$3.3	\$2.06	Data not available	\$3.2	Data not available	Data not available	\$2.66	\$3.36	\$4.5	\$2.42
	Lemon	1,000 g	\$1.2	\$0.71	\$0.36	\$0.67	\$0.64	\$0.72	\$0.59	\$0.58	\$0.83	\$0.67	\$0.54
	Orange	1,000 g	\$1.66	\$0.88	\$0.42	\$0.69	\$0.9	\$0.82	\$0.74	\$0.88	\$0.91	\$1.05	\$0.97
LUNCHEON MEAT	Beef Luncheon	200 g	\$2.42	\$1.04	\$0.52	\$1.29	\$0.8	\$1.52	\$1.2	\$0.95	\$1.04	\$1.32	\$0.87
	Chicken Luncheon	200 g	\$2.22	\$0.88	\$0.61	\$0.75	\$0.81	\$1.15	\$0.75	\$0.85	\$1.16	\$0.8	\$0.9
PULSES	Chickpeas	900 g	\$3.29	\$2.06	\$1.2	\$1.81	\$1.66	\$1.95	\$2.06	\$2.21	\$2.16	\$2.05	\$2.38
	Fava Beans (canned)	400 g	\$1.02	\$0.67	\$0.47	\$0.55	\$0.69	\$0.74	\$0.71	\$0.65	\$0.71	\$0.68	\$0.67
	Green Peas (canned)	400 g	\$2.44	\$1.15	\$0.48	\$0.75	\$0.89	\$1.7	\$1.08	\$1.16	\$1.3	\$1.21	\$0.98
	Hummus Tahini (canned)	400 g	\$1.2	\$0.77	\$0.51	\$0.62	\$0.73	\$0.89	\$0.78	\$0.75	\$0.88	\$0.79	\$0.75
	Lentils	900 g	\$2.7	\$1.78	\$1.02	\$1.64	\$1.73	\$1.69	\$1.58	\$1.59	\$1.97	\$1.82	\$1.97
	White Beans	900 g	\$2.98	\$2.02	\$1.2	\$1.76	\$1.82	\$2.13	\$2.15	\$2.07	\$2.11	\$1.98	\$2.16
SUGAR	White Sugar	5,000 g	\$6.72	\$4.87	\$3.56	\$4.56	\$4.96	\$4.81	\$4.64	\$5.02	\$5.5	\$4.97	\$4.81

PRICE BULLETIN – MARCH 2025

PRICE PER ITEM – MARCH 2025

Component	Item	Weight (gr or ml) or units	Max. Price	Avg. Price	Min. Price	Akkar	Baalbek-El Hermel	Beirut	Bekaa	El Nabatieh	Mount Lebanon	North	South
VEGETABLES & TUBERS	Cabbage	1,000 g	\$1	\$0.52	\$0.27	\$0.52	\$0.45	\$0.48	\$0.35	\$0.66	\$0.56	\$0.49	\$0.43
	Carrots	1,000 g	\$1.44	\$0.78	\$0.5	\$0.76	\$0.7	\$1.12	\$0.77	\$0.83	\$0.7	\$1.04	\$0.78
	Cauliflower	1,000 g	\$1.45	\$0.77	\$0.44	\$0.78	\$0.53	\$1.16	\$0.58	\$0.86	\$0.76	\$0.98	\$0.76
	Cucumber	1,000 g	\$2.33	\$1.36	\$0.55	\$1.34	\$1.33	\$1.76	\$1.27	\$1.45	\$1.23	\$1.55	\$1.68
	Eggplant	1,000 g	\$2.45	\$1.41	\$0.34	\$1.1	\$1.29	\$2.16	\$1.37	\$1.32	\$1.39	\$1.63	\$1.7
	Garlic	300 g	\$2.4	\$1.16	\$0.83	\$1.49	\$1.21	Data not available	\$1.13	\$1.07	\$1.09	\$1.28	\$1.16
	Green Bean (Fresh)	1,000 g	\$5.85	\$3.84	\$2.2	\$2.49	\$4.32	Data not available	\$4.46	\$3.57	\$3.24	\$5.05	\$5.26
	Lettuce	750 g	\$1.5	\$0.85	\$0.4	\$0.75	\$0.85	\$1.16	\$0.74	\$0.87	\$0.84	\$0.97	\$0.91
	Onion	1,000 g	\$1.1	\$0.77	\$0.52	\$0.69	\$0.67	\$0.85	\$0.64	\$0.73	\$0.84	\$0.84	\$0.71
	Parsley	300 g	\$0.45	\$0.29	\$0.17	\$0.29	\$0.3	\$0.36	\$0.29	\$0.29	\$0.28	\$0.31	\$0.27
	Potato	1,000 g	\$0.85	\$0.7	\$0.47	\$0.67	\$0.71	\$0.77	\$0.68	\$0.69	\$0.7	\$0.73	\$0.71
	Purslane	300 g	\$1.2	\$0.56	\$0.22	\$0.45	\$0.78	\$0.58	\$0.54	\$0.3	\$0.53	\$0.51	\$0.44
	Tomato	1,000 g	\$1.4	\$0.98	\$0.5	\$0.79	\$1.04	Data not available	\$0.91	\$0.99	\$0.99	\$1.07	\$1.09
	Zucchini	1,000 g	\$2.22	\$1.55	\$0.8	\$1.17	\$1.47	\$1.77	\$1.48	\$1.38	\$1.62	\$1.69	\$1.53
NON-FOOD ITEMS	Baby Diapers	40 diapers	\$10.55	\$6.2	\$3	\$5.2	\$5.66	\$7.11	\$5.84	\$6.32	\$6.37	\$6.06	\$7.06
	Bleach	1,000 ml	\$1.93	\$1.05	\$0.56	\$0.92	\$1.04	\$1.15	\$0.94	\$1.18	\$0.99	\$1.06	\$1.15
	Dishwashing Liquid	700 ml	\$3.28	\$1.5	\$0.67	\$1.16	\$1.1	\$1.87	\$1.62	\$1.37	\$1.62	\$1.59	\$1.61
	Laundry Washing Powder	4,000 g	\$12.99	\$9.17	\$5.55	\$9.18	\$8.25	\$9.91	\$9.38	\$9.04	\$9.23	\$9.46	\$9.03
	Sanitary Napkins	20 napkins pack	\$3.43	\$2.32	\$1.26	\$2.26	\$2.5	\$2.48	\$2.21	\$2.23	\$2.25	\$2.32	\$2.45
	Shampoo	400 ml	\$4.49	\$3.11	\$1.58	\$3.1	\$2.96	\$2.92	\$3.36	\$3.05	\$3.09	\$3.03	\$3.32
	Soap	One soap bar (125 g)	\$1.38	\$0.83	\$0.21	\$0.68	\$0.86	\$0.82	\$0.93	\$0.85	\$0.83	\$0.79	\$0.9
	Toilet Rolls	32 rolls	\$11.66	\$6.51	\$3.22	\$5.78	\$5.2	\$6.66	\$6.82	\$6.3	\$6.92	\$6.29	\$7.5
	Toothbrush	One toothbrush	\$2.49	\$1.01	\$0.42	\$0.82	\$0.82	\$1.13	\$0.88	\$1.12	\$1.11	\$1	\$1.02
	Toothpaste	125 ml	\$2.65	\$1.37	\$0.9	\$1.29	\$1.4	\$1.31	\$1.35	\$1.6	\$1.28	\$1.4	\$1.37